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76. Medicine Park Flute Fest & Art Walk
77. Fort Sill Housing Satisfaction Survey
78. 3rd Annual Lawton Car Show Benefit, Huntington's Disease
79. Ribbon Cutting for Impressions-Swarovski Crystal Jewelry & Accessories
80. F&F Rodeo Finals/Stephens County Free Fair
81. 82nd American Indian Exposition
82. Generations in the Workforce
83. Army Substance Abuse Program Newsletters
84. Military Community and Family Policy Newsletter (Fridays)
85. Unit Facebook Pages

1. June 2013 SillFACTS

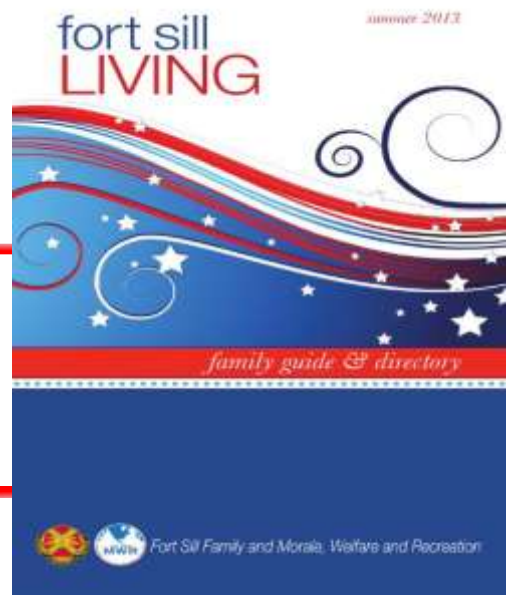
www.sillmwr.com/Forms/sillfactsMTG.pdf or <http://tinyurl.com/7zb2qpl>

- August SillFACTS Agenda
- Antiterrorism Awareness Month
- Exchange Update
- Fort Sill Girl Scouts Ice Cream Social
- MWR Pool Schedules
- RACH Update
- Team Sill – Oklahoma Pride Excellence in Education Award (2012-2013 School Year)
- Fort Sill Area Schools Information
- Fort Sill Area Schools Important Dates
- Fort Sill Area Schools Brochure
- Army Volunteer Corps Volunteer Opportunities
- Pre-Movement PCS Briefs
- Playgroups
- Breastfeeding Support Group
- Financial Readiness Program Resources for Civilians
- Fort Sill National Band & Fort Sill Federal Credit Union Financial Resources for Furloughed DA Civilians
- Fort Sill Army Emergency Relief (AER)
- Fort Sill Newcomer's Orientation
- Nye Library August 2013 Newsletter
- Movies on the Beach
- UFC 163
- FMWR Key Events
- Beef and Burgundy featuring Mollie Gross, Military Wife & Comedienne
- Team Sill Leadership Academy
- Privately Owned Weapons (POW) Range
- Patriot Spouses Club Super Sign Up
- Fort Sill Thrift Shop
- Soldier's Closet
- Protestant Women of the Chapel Bible Study Kickoff
- Protestant Women of the Chapel Lunch Bible Study

2. Fort Sill Living – Summer Guide 2013

<http://fortsillfamilyandmwr.uberflip.com/i/134373>

or <http://tinyurl.com/mqw88qq>



3. Red River Family Magazine

A great resource for finding family friendly activities in the Lawton/Fort Sill community.

July 2013

<http://redriver.uberflip.com/i/139200>

Red River website: www.redriverfamily.com



4. Fort Sill's Newcomer's Start Right Orientation



This orientation is held every Tuesday from 1:00pm-3:30pm at the Graham Resiliency Training Campus, 2934 Marcy Road. Please arrive and be seated in the room no later than 12:45pm. The orientation is free and is required for active duty Soldiers, Staff Sergeant and below, Warrant Officer 1, and 2nd Lieutenants. Family members are invited and encouraged to attend. It is the first afternoon of several days of briefings and training. Wednesday morning are topics from the risk reduction arena that discuss some of the issues facing Soldiers and Families here. Then, Wednesday afternoon through Friday morning, Resiliency Training is conducted. Friday afternoon finishes the training for first duty station Soldiers E4 and below, with financial training. Family members are welcome and encouraged to attend any and all of these offerings. FREE child care is offered Tuesday afternoon only with the completion of a single form completed on site. Drop off for child care is at Grierson Child Development Center, 4123 Bragg Road, beginning at 12:00pm. A variety of installation agencies are represented and brief about their programs and services. If you are new to Fort Sill, come to the newcomer's briefings. For more information, call 580-442-4916 or 442-0653.

Fort Sill Newcomer's Orientation



Welcome to Fort Sill!

Tuesdays • 1 - 3:30 pm
Graham Resiliency Training Campus
for Soldiers and their Family Members

**1:45 - 2:15 pm Organizational representatives
are on site to answer questions.**

Free childcare available.

Please call 442-4916 for more information.



Summer Schedule

Level K

(Formerly Level I)

“Knowledge”

Learn about Military Acronyms and Terms, Chain of Command, Military Social Functions, Military and Civilian Resources, and Family Readiness Groups.

~~June 24—25~~

~~August 6—7~~

Level G

(Formerly Level II)

“Growth”

Improve Communication skills, Conflict Management, Personal Relationships, Time Management, Problem Solving, Overcoming Stress, explore Personality Traits and Successful Team Dynamics.

~~July 16—18~~

Who: Soldiers, Family Members, and DA Civilians

Where: AFTB Training Center,
2719 Bragg Road

*All class times are 9:00am to 3:30pm.

*Free Child Care is available on a first come, first serve basis. To ensure availability, call three weeks in advance to register.

Level L

(Formerly Level III)

“Leadership”

Expand Leadership Skills by Examining your Leadership Style, Resolving Conflict, Supporting Others through Coaching and Mentoring and Team Dynamics.

August 20—22

Call (580) 442-2039/2382
to register!



2013 AFTB Fall Schedule

Level K

(Formerly Level I)

“Knowledge”

Learn about Military Acronyms and Terms, Chain of Command, Military Social Functions, Military and Civilian Resources, and Family Readiness Groups.

September 4 - 5

November 6 - 7

Who: Soldiers, Family Members, and DA Civilians

Where: AFTB Training Center,
2719 Bragg Road

***All class times are 9:00am to 3:30pm.**

***Free Child Care is available on a first come, first serve basis. To ensure availability, call three weeks in advance to register.**

Level L

(Formerly Level III)

“Leadership”

Expand Leadership Skills by Examining your Leadership Style, Resolving Conflict, Supporting Others through Coaching and Mentoring and Team Dynamics.

November 19—21

Call (580) 442-2039/2382
to register!

Level G

(Formerly Level II)

“Growth”

Improve Communication skills, Conflict Management, Personal Relationships, Time Management, Problem Solving, Overcoming Stress, explore Personality Traits and Successful Team Dynamics.

September 17 - 19



Mobilization and Deployment Program

FY 2013 & 2014 Family Readiness Group Training

DATE	CLASS	TIME	LOCATION
★ 21-Aug-13	FRG Leadership Training	0900 - 1530	GRTC
★ 18-Sep-13	Commander & RD Roles	0900 - 1530	GRTC
★ 26-Sep-13	CARE Team	0900 - 1000 / 1730 - 1830	GRTC
23-Oct-13	* Informal Funds / Fundraising	1300 - 1500 / 1800 - 2000	TBD
12-Nov-13	Key Caller	0900 - 1030 / 1800 - 1930	GRTC
13-Nov-13	* FRG Leadership Training	0900 - 1530	TBD
20-Nov-13	* CARE Team	0900 - 1100 / 1800 - 2000	TBD
8-Jan-14	* FRG Leadership Training	0930 - 1530	TBD
18-Feb-14	* Informal Funds / Fundraising	1300 - 1500 / 1800 - 2000	TBD
19-Feb-14	Key Caller	1800 - 1930	GRTC
4-Mar-14	Key Caller	0900 - 1030	GRTC
11-Mar-14	Commander & RDC Roles	0900 - 1530	GRTC
19-Mar-14	* CARE Team	0900 - 1100 / 1800 - 2000	TBD
16-Apr-14	FRSA Role	0900 - 1530	GRTC
23-Apr-14	Informal Funds / Fundraising	0900 - 1100 / 1800 - 2000	GRTC
7-May-14	FRG Leadership Training	0900 - 1530	GRTC
14-May-14	* Key Caller	0900 - 1030	TBD
4-Jun-14	* CARE Team	0900 - 1100	TBD
6-Jun-14	Key Caller	1800 - 1930	GRTC
10-Jun-14	Informal Funds / Fundraising	1800 - 2000	GRTC
16-Jul-14	Commander & RDC Roles	0900 - 1530	GRTC
17-Jul-14	FRG Leadership Training	0900 - 1530	GRTC
19-Aug-14	* Informal Funds / Fundraising	0900 - 1100 / 1800 - 2000	TBD
17-Sep-14	* CARE Team	0900 - 1100 / 1800 - 2000	TBD
24-Sep-14	Key Caller	0900 - 1030	GRTC

All classes will be held at the Graham Resiliency Training Campus, 2934 Marcy Road, EXCEPT the classes labeled with an asterisk (*). The locations for these classes are to be determined.

All students MUST pre-register by contacting Willie Byrd at 442-0359 / willie.byrd@us.army.mil.

As it stands right now, child care is available for ACS offered classes/trainings. Because of the historically low usage for MOB-DEP class attendance and the high community demand for hourly child care, attendees wanting to utilize ACS funded child care for MOB-DEP classes should make their own arrangements via telephone or online up to 2 weeks in advance with CYSS. Attendees will need to inform CYSS that it is for an ACS MOB-DEP training; they have the schedule.

** We have received guidance, due to the current fiscal situation, that classes without at least 10 people registered will likely be cancelled. Please register ASAP for the training you would like to attend.

7. Military Child Education Coalition eNews July 2013

<http://tinyurl.com/lq4n46u>

To view previous issues of the newsletter, please click on either link below:

www.militarychild.org/news-and-events/enews

or

<http://tinyurl.com/b2o5tn>

8. CYSS CDC Closures

Child, Youth and School Services will be closed on the following dates:

05 October 2012	Training Holiday	Reservation Only
08 October 2012	Columbus Day	CLOSED
09 November 2012	Training Holiday	Reservation Only
12 November 2012	Veteran's Day	CLOSED
22 November 2012	Thanksgiving Day	CLOSED
23 November 2012	Training Holiday	CLOSED
24 December 2012	Training Holiday	CLOSED
25 December 2012	Christmas Day	CLOSED
31 December 2012	Training Holiday	CLOSED
01 January 2013	New Year's Day	CLOSED
18 January 2013	Training Holiday	Reservation Only
21 January 2013	Martin Luther King Jr. Day	CLOSED
15 February 2013	CYSS Training	CLOSED
18 February 2013	Presidents' Day	CLOSED
24 May 2013	Training Holiday	Reservation Only
27 May 2013	Memorial Day	CLOSED
04 July 2013	Independence Day	CLOSED
05 July 2013	Training Holiday	Reservation Only
30 August 2013	CYSS Training	CLOSED
02 September 2013	Labor Day	CLOSED

Reservations must be made in your child's classroom for all FY 13 Installation Training Holidays in which we remain open. Hours of operation are 0700-1730 on these days. If you need alternate care on any closure day please contact management. All center closures are calculated into your total service days per calendar year and applied evenly to assist with financial planning. Monthly fees remain constant.

9. TRADOC Weekly Newsletter

Check out the current edition of TRADOC This Week!

<http://www.tradoc.army.mil/TTW/>

- > TRADOC announces its NCO and Soldier of the Year
- > Victory Starts Here: A 40-year history of TRADOC
- > What is it? Regionally Aligned Force Training Environment-Africa
- > 4 Soldiers set to become Army's first female Abrams tank maintainers
- > Video of the Week: Army Leader Development Strategy



10. Food Sanitation Trainings (Food Handler's Certification)



SGT Jason Smith from Preventive Medicine informed me that they no longer conduct the Food Sanitation Trainings by request. As of now, they schedule a class every first Tuesday of the month at 1000 and another one at 1730 in their classroom located at 2775 Ringgold Road. The classes are on a first come, first served basis and they only have 40 seats available. People attending the training WILL NOT have to take a test anymore. The upcoming class is scheduled on **3 Sep**. If you have any questions, you may contact SGT Smith at 442-3175.

11. Holidays and Observances:

- **First Day of School for Cache Public Schools – 8 Aug**
- **First Day of School for Elgin Public Schools – 14 Aug**
- **First Day of School for Lawton Public Schools – 16 Aug**
- **First Day of School for Duncan Public Schools – 20 Aug**
- **Senior Citizen's Day – 21 Aug**
- **Labor Day – 2 Sep**
- **National Grandparents Day – 8 Sep**
- **Patriot Day – 11 Sep**
- **Constitution Day and Citizenship Day – 17 Sep**
- **National POW/MIA Recognition Day – 20 Sep**
- **Gold Star Mother's Day – 29 Sep**
- **Child Health Day – 7 Oct**



12. CYSS Parent Advisory Committee

The Parent Advisory Committee is a volunteer parent group established to further the connection between home, your child, the Fort Sill Child, Youth & School Services and your child/youth's classroom and teachers. Meetings are currently held on a quarterly basis. Please check with your facility director for more information concerning PAC meeting locations and/or becoming a PAC board member.

13. CYSS Parent Participation Program

This is a volunteer program established to allow patrons to earn free reduction for volunteering a minimum of 10 hours generally in their child or youth's program or on behalf of the entire CYSS program. Participation points may be accumulated from month to month until the parent earns 10 points to receive a 10% reduction on one month's fee for one child. If a parent has earned 20 points, then the 10% fee reduction may be applied for one child over a two-month period or used for two separate children during the same month.

14. RecPlex Friday Night Movies

Watch movies at the RecPlex every Friday night with Friday Night Movies from 5:00pm-7:30pm. Free popcorn is available. For more information, please call 442-4824/6539.

HEAT KILLS

Never leave
PETS or CHILDREN
in vehicle

BE KIND! LEAVE YOUR DOG BEHIND!

It's HOT !!!!

But do you know just how quickly
your car's temperature heats up?



Vehicle Temperature

<i>Outside</i>	<i>Inside</i>	<i>Time to Reach</i>
75	100	10 minutes
75	120	30 minutes
85	90	5 minutes
85	100	7-10 minutes
85	120	30 minutes
100	140	15 minutes





A Family Readiness Group (FRG) is an organization of Family members, volunteers, Soldiers and civilian employees belonging to an Army command. They provide support, assistance and a network of information among its members, the unit and community agencies. Unit FRGs consist of all assigned and attached Soldiers, their spouses, children, extended families, fiancés, boyfriends or girlfriends and retirees. Even interested community members are welcome as well.

For spouses and family members, being active in an FRG will help give a sense of belonging to the unit and the Army community—the Army family. It will also provide you with a way to develop friendships, share important information, find needed Army resources and share moral support during any unit deployments. It is while your Soldier is TDY (temporary duty), a Drill Sergeant, an Instructor, stationed at an installation away from their family, during the preparation for deployment, during the deployment itself, and in the homecoming that FRGs best show their full value.

The FRGs help every family to keep up to date on what is going on, and in addition to sharing information, the group chooses goals and activities centered on supporting Soldiers and families. It's a great way to learn about your Soldier's unit and his or her coworkers, to obtain accurate and up-to-date unit information, to meet with other spouses, to enjoy planned social activities, and to learn about resources available to you.

If you don't know who your FRG Leader is, please contact your Family Readiness Support Assistant (FRSA) to get connected.

17. By Order of the Commanding General, US Army Fires Center of Excellence and Fort Sill, the establishments listed below are off limits to protect the health, safety, morale, welfare and discipline of service members. These orders are based upon recommendations from the Western Oklahoma Area Joint Service Armed Forces Disciplinary Control Board and under the authority of the Commanding General and the Sponsoring Commander of the Western Oklahoma Area Joint Service Armed Forces Disciplinary Control Board. This board includes representatives from Fort Sill, Altus, Vance, Sheppard, and Tinker Air Force Bases

These orders apply to all military personnel assigned to, attached to, or in a temporary duty status at military units or installations in Oklahoma, Arkansas, and north Texas. Soldiers, Marines, airmen and seamen who violate this order may be subject to disciplinary actions under the Uniform Code of Military Justice or to adverse administrative action.

- Addiction Ink, 1612 Pearlie Dr., Wichita Falls, TX
- BS Unlimited, 420 SW 59th St., Oklahoma City, OK
- Chief's Smokin' Icehouse, 1315 SW Lee Blvd, Lawton, OK
- Club Chameleon (Club Inferno), 2611 Plaza Pkwy., #304, Wichita Falls, TX
- Eastside Smoke Shop, 2005 E Gore Blvd., Lawton, OK
- FatHedz, 8912 S. Western, Oklahoma City, OK
- Foxy Lady, 411 North Scott Ave., Wichita Falls, TX
- Half Price Novelties, 2610 Pollard Rd., Lawton, OK
- Lynn's Books, Body Jewelry, etc., 1904 NW Ferris Ave., Lawton OK
- Mr. Coolz, 7808 S Western & 3200 N May Ave., #A, Oklahoma City, OK
- Outter Limits, 7092 MacArthur Blvd., Oklahoma City, OK
- Pipe Dreamz, 107 S. Sooner Rd., Oklahoma City, OK
- Platinum Gentlemen's Club, 12402 NW Old Cache Rd., Lawton, OK
- Puff and Stuff, 4401 NW Cache Rd. #A, Lawton, OK
- Qwik-N-Go, 2213 NW Sheridan Rd., Lawton, OK
- The Other Place, 605 SW Lee Blvd., Lawton, OK
- Studio E Club (formerly Village Vanguard), 2400 Sheppard Access Rd., Wichita Falls, TX
- Tommy's House of Music, 110 East Scott Ave., Wichita Falls, TX
- Zagman's Interesting Gifts, 2818 NW Sheridan Rd., Lawton, OK
- Ziggy's Smoke Shop, 2228 S. Air Depot Boulevard & 924 SW 59th St., Oklahoma City, OK

Orders regarding these establishments remain in effect despite changes in ownership, management, or name. Removal of the restriction will be considered by the Armed Forces Disciplinary Control Board upon presentation of information that satisfactory corrective action has been taken. Correspondence appealing this action may be submitted to the President, Armed Forces Disciplinary Control Board, ATTN: WE-SIL-ES, Building 1643, Randolph Road, Fort Sill, Oklahoma 73503.

18. Patriot Club First Tuesday Lunches - next lunch is on 3 Sep.

Patriot Club Lunch Buffet

First Tuesday of every Month, 11:30 am - 1:00 pm

*Enjoy an All-You-Can-Eat Buffet
featuring an assortment of
homestyle hot entrees, salads and desserts*

\$8.50 per member
\$9.50 per non-member
includes drinks

Call Financial Management at 442-6102
and ask about the \$2 Student Discount






500 Upton Road • 442-5300

19.



ACS Playgroups
Monday thru Thursday 9:30 – 10:30 a.m.
Parents and Children Ages 5 and Under

Explorers Club
Every Tuesday 1:30 – 2:30 p.m.
Parents and Children Ages 3 – 5 Years Old

Gartenzwerge Kinderschule
Every Friday 9:30 – 11:30 a.m.
German Speaking Playgroup for Parents and
Children Ages 5 and Under





Caravan Club
Monthly Educational Field Trip
Parents and Children Ages 3 – 5 Years Old
As announced on the ACS Facebook Page



For more information call (580) 442-4916
 Playgroups and Explorers Club meet every week at the
 Graham Resiliency Training Campus at 2934 Marcy Road
 For a list of current events and classes visit us on FaceBook at
www.facebook.com/FortSillACS

20.

Are you pregnant or breastfeeding?

Join La Leche League and New Parent Support for a Breastfeeding Support Group. An accredited Leader & experienced nursing mother will be present & prepared to answer your questions.

- What: La Leche League Breastfeeding Support Group
- Where: Graham Resiliency Training Campus, 2934 Marcy Road, Ft Sill, OK
- When: ~~2nd~~ ^{4th} Thursday of every month at 12:30
- Who: Pregnant women, breastfeeding moms and their babies, and any interested women



Topics:

- The advantages of breastfeeding
- Coming home with baby
- The art of breastfeeding and avoiding difficulties
- Nutrition during breastfeeding



Group size is limited to provide individualized attention to each breastfeeding Mom. Space available on a first come, first served basis.

For more information contact 580-442-4916 or samantha.latchley.ctr@mail.mil

21.

Attention Dads and Moms with Infants...

We have a tool to help:

Reduce baby fussiness
Bond with your baby
Relax with your baby
Increase baby's digestion, muscle tone and circulation!



What: Infant Massage Group
When: Every Wednesday, 11:00 am
Who: Parents & Children birth to crawling
Where: Graham Resiliency Training Campus, 2934 Marcy Road, Explorers Room
What to bring: baby blanket and towel. Massage oil will be provided.
Why: Recipients of infant massage receive a lifetime worth of benefits



RSVP on our events tab at:
www.Facebook.com/FortSillACS
www.SillMWR.com
580-442-4916

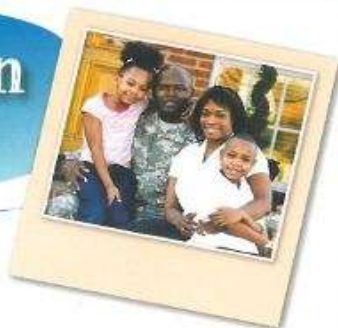


22. Tutor.com is FREE for Military Families

Access to Tutor.com for U.S. Military Families is available 24/7 using any internet-enabled device, including smart phones. Our expert tutors are certified professionals who are available online 24/7 to assist children and college students with homework, studying, test prep, and more, whenever they need it. This program is funded by the Department of Defense MWR Library Program, the Navy General Library Program and the Yellow Ribbon Reintegration Program. can provide one-to-one help with math, English, science, social studies and more. This program is free for eligible military families.

www.tutor.com/military

Tutor.com for Students in U.S. Military Families!



24/7 Online Tutoring and Homework Help Free for
Army, Marine Corps, Navy and Air Force Families

With Tutor.com, students connect with a professional tutor for a one-to-one learning session the moment they need help. This timely, efficient and individualized instruction helps students get their homework done and come to school ready to learn. Our tutors ensure that students understand the key concepts so they can keep moving on the road toward college.

There is no cost to schools and no paperwork required. Eligible students in U.S. military families can access Tutor.com for free at www.tutor.com/military.

24/7 Access to Academic Help

Thousands of professional tutors are available online 24/7. Our secure, online classroom, with real-time chat and an Interactive whiteboard, gives students a trusted place to turn whenever and wherever they need extra help.

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Targeted tutoring leverages the student's current question to reinforce the key concepts taught in class. Our tutors incorporate teaching strategies for learning how to learn, while helping each student with his/her immediate class assignment.

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Tutor.com has been providing one-to-one learning solutions to libraries, schools and businesses for more than 10 years including statewide library programs in Alaska, Alabama, Kansas and Rhode Island, and has received many awards and recognition for our innovative products.

Subjects you can get help in:

MATH

Algebra
Geometry
Trigonometry
Calculus
Statistics
SCIENCE
Earth Science
Biology
Chemistry
Physics

ENGLISH

Essay Writing
Grammar
Literature

SOCIAL STUDIES

U.S. History
World History

STANDARDIZED TESTS

SAT, ACT, PSAT/NMSQT and IB
Advanced Placement (AP*)
State Standardized Tests



*AP is a registered trademark of the College Board, which was not involved in the production of, and does not endorse, this product.



Visit www.tutor.com/military or call
800-411-1970 for more information.

"This is a great help for me and my brother because our dad is away and cannot help us with our homework. This helps A LOT! Thank you!" —U.S. military student



tutor.com



This program is provided by the Department of Defense. Go to www.tutor.com/military/get-access to see a complete list of who is eligible to access the program.

Financial Resources for Military Families

Better Business Bureau

(www.bbb.org) helps you check out businesses in your new hometown or online and works to resolve complaints. BBB Military Line (www.bbb.org/military) specializes in consumer alerts, financial education and resources for members of the military.

Investor Protection Trust

(www.investorprotection.org) provides information about investing and protecting your money, including an excellent guide to help you get started in investing (www.investorprotection.org/learn). Look for special educational resources for the military.

Defense Credit Union Council

(www.dcu.org) includes contact information for credit unions on base and other financial information for servicemembers.

ClearPoint Credit Counseling Solutions

(www.clearpointcreditcounselingsolutions.org) offers budget, housing and debt-counseling resources.

SaveandInvest.org

alerts military families to active scams, includes advice on saving and investing, and provides resources for checking out advisers.

MilitaryMoney.com

offers advice on all aspects of personal finance for military families, plus links to discount and support programs.

MilitarySaves.org

focuses on strategies for building savings and reducing debt, and includes inspirational stories from servicemembers who make savings a priority. The site also highlights special programs during Military Saves Week (the last week in February).

MyMoney.gov includes helpful information from a variety of government resources about budgeting, taxes, homeownership and credit, and how to avoid scams.

MilitaryOneSource

.com is a clearinghouse for information related to all things military, including deployment, legal rights and finances.

Consumer Financial Protection Bureau

Servicemembers' section (www.consumerfinance.gov/servicemembers) includes resources specifically designed to help members of the military plan for the future and protect their finances.

The Securities and Exchange Commission's

military site (www.sec.gov/investor/military.shtml) offers warnings about scams targeting members of the military as well as general investor education and tips on how to check out a broker.

North American Securities Administrators Association

(www.nasaa.org) includes links to state securities regulators, tips on avoiding scams and other helpful information for investors.

Department of Veterans Affairs SGLI

(www.insurance.va.gov/sgliSite/default.htm).

This site offers in-depth information about Servicemembers' Group Life Insurance.

TSP.gov features details about the Thrift Savings Plan for military personnel.

Defense Finance and Accounting Service

(www.dfas.mil) includes information about active military and retiree pay, benefits and savings.

National Association of Insurance Commissioners

(www.naic.org/consumer_military_insurance.htm). This site focuses on insurance issues for members of the military, and includes contact information for insurance regulators.

Armed Forces Legal Assistance

(<http://legalassistance.law.af.mil>) includes a search tool to help you find legal-assistance offices at nearby bases.

Military Homefront

(www.militaryhomefront.dod.mil). This Department of Defense Web site highlights resources and benefits for military families.

MyArmyBenefits

(<http://myarmybenefits.us.army.mil>) includes information about military pay and benefits, transition information and tax rules.

IRS Armed Forces Tax Guide

(www.irs.gov) explains special tax rules that can benefit military personnel.

U.S. Department of Justice

(www.servicemembers.gov) provides details on special legal rights for members of the military and veterans.

Military.com

focuses on pay and benefits, financial issues, preparing for deployment and transitioning out of the military.

National Military Family Association

(www.militaryfamily.org) features resources to help families make the most of their benefits, prepare for deployment and cope with financial issues.

Armed Forces Crossroads

(www.afcrossroads.com) covers benefits, deployment, relocation and other issues.

VA Loans

This Department of Veterans Affairs site (www.homeloans.va.gov) includes detailed information on VA loans.

Kiplinger.com

provides timely advice and information to help with all areas of personal finance, from saving and investing to insurance, taxes, homeownership and financial planning. ★

ADDITIONAL RESOURCES

You'll find helpful information about benefits and support for military families at these sites.

Air Force (www.afcommunity.af.mil)

Army (www.myarmyonesource.com)

Army Reserve (www.arfp.org)

Coast Guard (www.uscg.mil/worklife)

Marine Corps (www.usmc-mccs.org)

Navy (www.nffsp.org)

National Guard (www.nationalguard.mil),

Joint Service Support (www.jointservicesupport.org)

Reserve Affairs (<http://ra.defense.gov>)



Fort Sill Army Emergency Relief (AER)

AER is a private nonprofit organization incorporated in 1942 by the Secretary of War and the Army Chief of Staff. AER's mission is to provide emergency financial assistance to Soldiers and Families.

Assistance Categories *

- Telephone bill (Cell & Landlines)
- Rent-utilities (less cable)
 - Emergency travel
 - Food
- Essential vehicle repair/ Auto Payment
 - Funeral expenses
 - Child care
 - Medical/dental expenses
 - Fire/disaster
 - Personal needs (If no pay due)
 - Replacement Vehicles
- Repair of HVAC (Heating, Ventilation, and Air Conditioning)
 - Purchase/Repair Stove or refrigerators
 - Child Car Seats
 - Travel Funds for Relocation
 - Dental for AD (If not covered by TRICARE)
- Dental for Dependents of AD & Retired Soldiers (Limited and Reasonable)
 - Cranial Helmets
- Furniture (initial household upon PCS or newly married)

** Assistance may be in form of a loan or a grant or combination based on financial hardship and ability to repay the loan.*

For additional information on assistance eligibility
and the application process, contact your

Unit Command Financial NCO or AER at (580) 442-4916.

Don't forget to check out all of the great things happening in Family and MWR; visit our
website at: <http://www.sillmwr.com/>

AWC Health Performance Nutrition Fitness

ARMY Wellness Center

AWC and YOU

You set the goals; the AWC staff puts you on the health path to achieving them and walks the path with you.

*Programs are **FREE!**
From private sources this testing would cost you about \$3000*

Who do we serve?

U.S. Army Soldier
Family Member
Retiree
DA Civilian

- Medical Referral, APFT Failure, Unit Referral, Self-Referral

AWC
ARMY Wellness Center
Fort Sill

Building 2868 Craig Road
Ft. Sill, OK 73503

Make Your Appointment Today!

Call: (580)442-0680



Stress Reduction with Biofeedback



What are your goals?

Weight Loss
Increasing Physical Activity
Improving Body Composition
Decreasing Your Risk for Disease
Better eating habits
Stress Management
Tobacco Education

It is our mission at the AWC to help you achieve your goals!



26.



**SAVE TIME
WITH
TRICARE ONLINE!**

TOL allows you to:

- Schedule and cancel appointments for you & your family
- Receive email and text message appointment reminders
- Refill and check the status of your prescriptions
- View or download your personal health data via the Blue Button
- Link to 'secure messaging' to communicate with your health team






3 New Easy Ways to Log on to TOL

CAC
DS LOGON
DFAS MyPay Account

Go to  today!

24/7

27.

ARMY PUBLIC HEALTH NURSING OUTREACH CLINIC

- CONFIDENTIAL SEXUALLY TRANSMITTED INFECTION TESTING
- TOBACCO CESSATION ENROLLMENT
- CHILD SERVICES MEDICAL REVIEW

NO APPOINTMENT NEEDED

Check in at Team Integrity

Tuesdays & Thursdays 0800-1600

INFO - 442-2061

28.

Don't trash it...Return it!



Army Provider Level Satisfaction Survey

APLSS is a confidential survey mailed randomly to patients after medical appointments. It is a great way for you to rate the services you received during your visit with us.

How Do Returned Surveys Benefit You?

- » Your voice is heard by leadership
- » Your responses are reviewed to determine what is important to you
- » Returned surveys are tied to funds we can use to improve services



Soldiers, Retirees and Family Members
You are important to us and we are listening!

**The next time you receive a survey –
please take a few minutes to complete it so
we can better serve you.**

29.

DID YOU KNOW!

RACH has a Nurse Walk-in Clinic

- . Sore Throats
- . Urinary Tract Infections (UTI)
- &
- Physician Ordered Items:**
 - . Blood Pressure Checks
 - . B12 Injections
 - . Testosterone Injections
 - . Wound Checks
 - . Suture Removals

The Nurse Clinic is located in your
Family Medical Home Team
Monday—Friday
0800-1100 & 1300-1530

Another Way for us to Serve You!

30.

Soul to Soul

Autoimmune Support Group

Meets every 2nd and 4th Saturday of the month at 11:00

*CCMH in Maple Room 1
(next to the cafeteria)*

*All sufferers of autoimmune diseases
are welcome (military and civilian)*

*POC: Kara Spencer (580) 678-4414 or
Tina Smoley (580) 713-9606*

**Comanche County Memorial Hospital
3401 West Gore Boulevard, Lawton**

31.



32.



American Red Cross

The Red Cross is offering a meaningful way for youths age 14-17 to spend their summer break. They can **serve their community** by the supporting the staff and patients at Reynolds Army Community Hospital. The Red Cross offers a **flexible** program which focuses on:

- Supporting the military community
- Interacting directly with clients
- Teamwork
- Meeting new people
- Learning new skills
- Giving back to your community
- **HAVING FUN** this summer!

If interested, youths can complete a Red Cross Volunteer Interview and pick up an application packet at the Red Cross Office located in Room 320 of Building 4700 on Mow-Way Road (Welcome Center). This year's Volunteer Orientation will be held on 30 May 13 from 1000-1500 at Reynolds Army Community Hospital.

Space is limited! We will place volunteers on a first come-first serve basis. Those who have not completed their application by the 30 May deadline will not be eligible to participate. A complete application includes HIPAA certification and an Occupational Health Screening.

To schedule an interview:

Email: rob.rogers@redcross.org

Phone: 580-442-3950

33.

ARMY FAMILY ACTION PLAN

"The Voice of the Army" What Can AFAP Do for You?

AFAP is input from the people of the Army to Army leadership.

AFAP is dedicated to improving the quality of life for all military personnel (Active, Reserve, Guard, Retiree), family members, and DOD employees.

How to Submit an Issue...

1. Army One Source,
<https://www.myarmyonesource.com>
(Family Programs and Services,
AFAP Issue Management)

2. Contact Merilee Nevins, AFAP
Program Manager, 442-2039

3. AFAP issue boxes located
throughout community (June—Aug.).

www.myarmyonesource.com





**NYE LIBRARY
PRESENTS**

THE TATTLER

Volume 7, Issue 8

August 2013

Hours of Operation:
Mon—Thurs: 10-8pm Fri—Sun: 10-5pm
CLOSED FEDERAL HOLIDAYS
442-2048/3806

Fairy Tale Adventure



Join us on August 24th from 1-3pm for a Fairy Tale Adventure with games, prizes, crafts, & stories. Feel free to come dressed as your favorite fairy tale character!

Lunch & Learn Safari Database Training

Join us on Sept. 27th @ 11:30am for a FREE lunch (provided) and an opportunity to learn about the Safari Database Nye Library offers the Ft. Sill community. We will be navigating the Safari Database on shared laptops while we enjoy a provided lunch!

- Please sign-up at the circulation desk by Sept. 26th! Space is limited to 25 individuals.



BOOK CLUB



Please join the Nye Library Book Club which is conducted on the first Sunday of the month from **2 - 4pm.** (Unless it is a Holiday weekend). The book we are discussing on **August 4** is **The Hound of the Baskervilles** by Sir Arthur Conan Doyle.

STORYTIMES: 11am Wed. & 2pm Thur.

Join us every **Wednesday at 11am** or **Thursday at 2pm** starting **Aug. 14th & 15th** for stories, fun activities, and cute crafts. The programs will be the same both days. Story Times are available for children up to pre-school age. It's never too early to start visiting the library!

FREE COMPUTER CLASSES, 1pm

We now offer a FREE computer class once a quarter (once every 3 months) Please feel free to recommend future subject matter to the instructor. Class topics are currently under review. Please check back with us at 442-3806 for updates. We will offer a class in January, April, July, and October.

PUPPET THEATRE

Our puppet performance will be **Friday, August 13 @ 11am** at Nye Library. After the show we will make a craft related to the show. Please join us for some fantastic fun! Puppet shows will be once a month so mark your calendars.

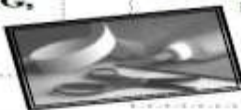
Check us out online:

<http://www.sillmwr.com/recreation-leisure/nye-library>

Like us on Facebook: Fort Sill Family & MWR Recreation

PROCTORING

Our proctoring services have been reduced to evening and weekend hours. Please contact the Education Center at 442-3201 as you primary proctoring agency.

**FAXING,
SCANNING,
PRINTING,
&
COPIES**
**FAMILY FUN**

Looking for something to do with your children? Ask about our family friendly programs at the front desk. We have story times, puppet shows, Summer Reading Programs, & more!

Wii & MEDIA ROOMS

Borrow remotes, controllers, and games or DVDs at the front desk. Children under 18 must be accompanied by a guardian.

**DID
YOU
KNOW?**
FREE DOWNLOADS

Want to listen to eMusic & eAudiobooks; Want to watch eVideos, read eBooks & eMagazines? Ask about access to the Library Electronic database and Zinio and browse for whatever interests you!

WIFI & INTERNET ACCESS

Need to check AKO, Facebook, or do research? We have free wifi for personal computers and a computer lab. Drop by the Computer Assistance desk for details.

STUDY/MEETING ROOMS

No place to meet? We offer small study rooms & larger meeting rooms for patron use. Ask at the front desk for details. Meeting rooms can hold 26 people each.

Audio Books

We now have Playaways in addition to fiction and non-fiction CD Books in the juvenile, young adult, and adult collections.

Language Learning Resources

Rosetta Stone is available for use in our Language Lab. Ask for details at the circulation desk. Also available are language materials for checkout, including books and audio discs. Try the Transparent Language service found on our Online Catalog. You will have to create a username and pin at the circulation desk before accessing the Transparent Language site.

We embrace the Covenant 3 for Customer Service: We will provide a Warm Welcome, Focused Attention, and a Sincere "Thank You" for your support of our Family and MWR programs. If you feel you did not receive the Covenant 3, please let a member of the team know so we can do better the next time.



NYE LIBRARY AUGUST CALENDAR OF EVENTS



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 3-6th SRP 1pm: International Party	2 Teen SRP 1pm: International Party	3
4 Book Club 2-4pm: <u>Hound of the Baskervilles</u> by Sir Arthur Conan	5	6	7 No Storytime	8 No Storytime	9	10 Last day to pick up SRP prizes!
11	12	13	14 Storytime 11am	15 Storytime 2pm	16 Puppet Show 11am	17
18	19	20	21 Storytime 11am	22 Storytime 2pm	23	24 Fairy Tale Adventures 1pm
25	26	27	28 Storytime 11am	29 Storytime 11am	30	31

August 2013
Volume 4, Issue 1

Commissary Express Line

Your Commissary ... It's worth the trip!



Billy J. Benner
Store Director
580-442-2305 x 3122
Store Hours
Sun. 1200-1800
Mon. CLOSED
Tue. 0930-2000
Wed. 0930-2000
Thu. 0930-2000
Fri. 0930-2000
Sat. 0800-1800
Early Bird shopping
15 items or fewer
Mon - Fri: 0700 to 0930
Sat: 0700-0800
Other important numbers
580-442-4515 plus ext.
Dent. Ext.
Deputy Director.....3114
Customer Service...3103
Store Manager.....3104
Grocery.....3115
Produce.....3117
Meat.....3112
Secretary.....3123

Follow Us



Fort Sill Commissary

Mobile app marks Rewards Card anniversary

On Aug. 8, the Defense Commissary Agency will observe the first anniversary of the Commissary Rewards Card. To coincide with this milestone, the mobile application "Commissary Rewards Card" will be available for patrons using the Apple iPhone.

The new app will be available in the app store Aug. 8 on all

iPhones and iPads, giving patrons the ability to access their rewards card account, select coupons and review clipped, redeemed and expired coupons.

The app can also be used to locate commissaries and get specific store information such as phone numbers.

Don't have an iPhone? An Android app is planned for 2014.

[Commissary Rewards](#)

<http://tinyurl.com/a6le4dn>

'Back to School' savings at your commissary

Commissaries are offering significant savings on "Back to School" products.

"Your commissary is the very best choice to get food products for your children's healthy breakfasts; easy-to-prepare,

healthy lunches; after-school snacks and other school-related items – all at great savings to you," said Michelle Frost, chief of promotions and marketing for DeCA.

Get more about [promotions](#).

<http://tinyurl.com/lnk5wu5>

Summertime is time to check in on food safety

Food handling safety risks at home are more common than most people think. The four easy lessons of CLEAN, SEPARATE, COOK and CHILL can help prevent harmful bacteria from making your family sick.

Check out the [Food Safety](#) section of DeCA's website for information you can use.

<http://tinyurl.com/meqcjzp>



Staying informed of food-safety-related recalls can be a full-time job. Thanks to Commissaries.com, it's just a couple clicks away. Click [Stay Informed](#) for alerts on products sold in commissaries or on [All Recalls](#) from the FDA.

<http://tinyurl.com/3e552x>

<http://tinyurl.com/lml644>

Check us out on Facebook

Don't just read about your commissary benefit. Find ways to maximize your savings, share shopping tips, recipe ideas and get in on some of the lively discussions found only on DeCA's Facebook page. If you're on Facebook, visit us at [Facebook.com/Your Commissary](https://www.facebook.com/YourCommissary).

<http://tinyurl.com/arsybwe>



Start getting your Commissary Rewards today! Ask your cashier or customer service representative for your card.

<http://tinyurl.com/a6le4dn>

Kay's Kitchen is always open



Kay's recipes, nutrition tips and shopping advice are just a click away, 24/7.

[Kay's Kitchen](http://www.kayskitchen.com)

<http://tinyurl.com/av8z7e>

Store Director's Scoop

Suggested Shopping Times:

Due to the current furlough situation and the Fort Sill Commissary being closed on Mondays, you may wish to shop on Wednesday or Thursday for a more enjoyable shopping experience.

Back to School:

It is time for school to begin and what better place than your commissary to find all of your school lunch items and save money, from the Deli's lunchmeat and cheeses to the Produce Department's fruits and vegetables. Don't forget the chips and snack aisle and of course, a juice or drink! Your Commissary, it is worth the trip!

Upcoming Promotions:

8-21 Aug.....Lunch Box Full of Savings/Dollar Days
22 Aug – 11 Sep.....Labor Day Sale/Hispanic Heritage Month
12 – 25 Sep.....US Air Force Birthday Sale

Early Bird Shopping:

Just a reminder, early bird shopping is for 15 items or fewer and is through the Self-Checkout registers only. Thank you for your co-operation.

Holiday Hours:

Your Fort Sill Commissary will be closed on Monday, 2 Sept 2013, Labor Day. Regular shopping hours will resume on Tuesday, 3 Sep.



As always, thank you for shopping at your Fort Sill Commissary!

INFORMATION PAPER

SUBJECT: Preparing for Your PCS Move and Household Goods (HHG) Shipment

1. Purpose: To provide information on how to make your PCS move and HHG shipment successful and to reduce the potential for shipment difficulties during the peak shipping season from 15 May -30 Sep.

2. Summary: We are currently in the summer peak season for HHG shipments for Soldiers and their families, a time in which 65% of all DoD HHG moves are performed. This high percentage of DoD moves places a strain on the moving company industry capability to accomplish all moves when requested and sometimes results in a less than adequate quality of performance by the Transportation Service Provider (TSP) assigned to pack and move your shipment.

3. Tips for Success: **Remember PLANNING, PREPARATION, FLEXIBILITY and COMMUNICATION are the keys to executing a successful PCS move and HHG shipment.**

- a. Consult your local Personal Property Office (PPO) located in B4700 or call 580-442-3909/3931 to schedule an appointment for first time movers or seek assistance for those more experienced movers conducting their own move through the DPS/DP3 Program.
- b. Plan your move. Go to www.move.mil to get started
- c. Watch the Video provided at this site.
- d. Register for DPS account.
- e. Log in to the Defense Personal Property Program System (DPS/ DP3).
- f. Perform Self Counseling (Provide Copy of Official Orders to Personal Property Office).
- g. Enter shipment information into DPS.
- h. Remain in constant communication with your TSP until your move is completed.
- i. If you experience problems with the TSP, immediately contact your local PPO for assistance and to see if the issue can be resolved.
- j. After your move is finished, log into DPS and complete the customer satisfaction survey. **This is your opportunity to influence which TSPs participate in the program.**
- k. If you incurred loss/damage during the move, log back in to DPS and file your claim on line (within 75 days of delivery). This is a requirement if you want the full replacement coverage.
- l. Lastly, remember that your local Personal Property Office is available to assist you either at the originating location or the destination location when you need assistance.

4. Points of Contact Information: For additional assistance consult your local PPO located in B4700 or call 580-442-3909/3931. Hours of operation are Monday-Friday from 0730-1600. Closed weekends and holidays. Please be aware that from the period 8 Jul-30 Sep, there will be limited staffing on Mondays and Fridays due to the furlough so you may have a longer wait time.

- a. Outbound Shipment: 580-442-3326/3903/3931/3600.
- b. Inbound Shipment: 580-442-3824/3983

Corvias[™] Community News

AUGUST 2013

FORT SILL

corviasmilitaryliving.com

COMMUNITY OFFICES

Old Cavalry Post
1164 Lester Road
oldcavalrypost@corvias.com
580-581-2140

Southern Plains
5703 Geronimo Road
southernplains@corvias.com
580-581-2142

FREE BLIND CORD SAFETY KITS

The Window Covering Safety Council offers free retrofit safety kits to secure blind cords out of reach from children.

All of the window coverings in Corvias homes are compliant with the Consumer Product Safety Commission initiative of 1995. However, kits are available for many types of blinds. Residents are not restricted from installing these safety devices and do not have to fill any hole larger than a quarter at move out.

To order a kit, visit www.windowcoverings.org. A safety brochure with retrofit instructions is included with each order. This website also contains a wealth of useful safety information for parents and caregivers.

Please remember, safety devices are not a substitute for parental supervision.



YARD OF THE MONTH WINNERS

Congratulations to the Compton Family for winning the Neighborhood Yard of the Month and to the Turner Family for winning the Installation Yard of the Month. Winners were chosen based on overall appearance (landscaping, lawn ornaments, etc.), flowerbeds being free of weeds and grass, driveway being free of grease and oil, maintaining standards of policy and keeping yards free of trash and debris.

The Yard of the Month program has concluded for 2013. We appreciate all of the participation this year and hope you will continue to keep your yard looking great. Yard of the Month will resume in May 2014. Look for more information next spring.

Tree removal on post

We have recently received questions from concerned residents regarding the removal of trees in the historic area of post. We would like to assure residents that Corvias Military Living contacted a certified arborist to examine these trees prior to their removal.

The trees being removed were identified as dead,



dying or diseased. Although a tree may have green leaves, the trunk may be hollow, indicating the tree is not healthy. This presents a safety risk to residents.

To prevent the potential for injuring someone or damaging property, the best course of action was to remove them.



Service Schedules

Corvias Military Living offers a variety of services to make your life easier.

Don't forget to check out www.corviasmilitaryliving.com for your trash, recycling, lawn care and other services.

Corvias[™] | military living



BACK-TO-SCHOOL SAFETY TIPS

All Lawton Public Schools begin classes on August 16. Residents should be mindful of increased vehicle, bike and pedestrian traffic during peak school hours. Please follow all posted speed limits in the neighborhoods.

Below are the top Back-To-School safety tips from safekids.org:

Reminders for drivers:

- Slow down and be especially alert in residential areas and school zones.
- Take extra time to look for kids at intersections, on medians and on curbs.

- Enter and exit driveways and alleys slowly and carefully.
- Watch for children on and near the road in the morning and after school hours.
- Reduce any distractions inside your car so you can concentrate on the road and your surroundings.
- When parking vehicles in driveways, do not block sidewalks.

Reminders for school children:

- For their safety, children should cross the street with an adult until they are at least 10 years old.
- Cross the street at corners, using traffic signals and crosswalks.
- Never run out into the streets or cross in between parked cars.
- Make sure they always walk in front of the bus where the driver can see them.
- Wear a helmet when riding a bicycle.
- Walk in groups of three or more.

We wish you a safe and fun school year!

Help prevent storm water pollution

Storm water pollution is a challenging water quality problem. Unlike pollution from industry or sewage treatment facilities, which is caused by a discrete number of sources, storm water pollution is caused by the daily activities of people everywhere.

Rainwater and snowmelt run off streets, lawns, farms, and construction and industrial sites and pick up fertilizers, dirt, pesticides, oil and grease, and many other pollutants on the way to our rivers, lakes, and coastal waters. Polluted storm water can have many adverse effects on plants, fish, animals, and people and is our most common cause of water pollution. For more information on how you can help, please visit www.epa.gov/npcas/stormwater.

To report any storm water issues in the residential areas, please contact your Neighborhood Office. If the storm water incident is occurring anywhere else on post, please contact the Fort Sill Environmental Quality Division (580) 442-3266.



To help keep your home cool during summer months, keep drapes and blinds closed during the day time and open them after the sun goes down.

Upcoming Events

August 16

Pool hours change
sill.corviasmilitaryliving.com/news

August 16

First Day of School
Lawton Public Schools

August 17, 9 pm
Movie on the Beach
LETRA

August 24, 6-9 am
Fishing Tournament
LETRA

Stay up-to-date with Fort Sill's event calendar! Go to:
www.corviasmilitaryliving.com

CARE FOR PETS DURING THE DOG DAYS OF SUMMER



Corvias Military Living values all residents and their loved ones, including the furry ones. The following are some helpful tips for caring for your pet.

Food: The feeding schedule and diet is important. Most pets need to be fed once or twice a day, depending on the veterinarian's recommendation.

Water: Plenty of clean, fresh water is needed both indoors and out. Water should be changed at least twice a day.

Shelter: Providing shelter both indoors and outdoors is essential in maintaining the health and safety of pets.

Potty: Create a safe place for the pet's bathroom needs. Most importantly, clean it regularly, not only for pets but for the lawn care team, too.

Grooming: Brushing and combing a pet every day helps to remove any loose or shedding hair they might have. After pets have been outdoors, check for ticks, fleas or any debris that might be in their fur.

Healthcare: Pets need annual checkups too. Vet Services can help provide needed vaccines, pet registration and answer questions in regards to a pet's health.

Visit www.akc.org and <http://adoptapet.org> for additional information on responsible pet ownership.

It's Dollar Night Every Thursday!

AT SHERIDAN ROAD THEATER

Thursday movies
are only
\$1.00
admission!



Get 2 Med Drinks
1 Med Popcorn
& Admission for 2
\$7.50

Make it a
Date
Night!

Check current movies
at shopmyexchange.com

Bldg 3260
Sheridan Rd.





Army Volunteer Corps

4700 Mow-Way Road
www.sillmwr.com 580-442-4916

Volunteer Opportunities

Armed Services YMCA
American Red Cross
Better Opportunities for Single Soldiers (BOSS)
Chapel Programs
Deployment/Mobilization Readiness
Family Readiness Groups
Judge Advocate General
Nye Library
Military Welcome Center (Lawton/Fort Sill Airport)
Museum
Patriot Spouses' Club
Public Affairs Office
Schools
Scouting Programs
Thrift Shop
Youth Sports
And Many More!



For more information go to www.myarmyonesource.com
Click on Volunteer Tools

Flexible hours – Enhance your resume* – Meet new friends – Learn new skills – Free childcare*

* varies by agency



UNCLASSIFIED

Antiterrorism Awareness Month



- August is Army Antiterrorism Month
- 100% AT level 1 training complete



Fort Sill iWatch (580) 558-0000 or
MP Desk 442-2101

- We will conduct a full-scale exercise on 12 September 2013
- Additional Resources can be found at:

<http://www.myarmyonesource.com/FamilyProgramsandServices/iWatchProgram/default.aspx>

FIRES STRONG!



Fort Sill Army Family Team Building Needs Assessment Survey

(Thank you for completing the survey so we can better meet your needs.)



1. What is your status? <i>(Please select all that apply)</i>	<input type="checkbox"/> E1-E4 <input type="checkbox"/> Spouse of E1-E4 <input type="checkbox"/> Civilian Employee <input type="checkbox"/> Volunteer (no other affiliation with the military)	<input type="checkbox"/> E-5-E8 <input type="checkbox"/> Spouse of E-5-E8 <input type="checkbox"/> Veteran <input type="checkbox"/> Other (Please specify) _____	<input type="checkbox"/> Officer <input type="checkbox"/> Spouse of Officer <input type="checkbox"/> Warrant Officer <input type="checkbox"/> Spouse of Warrant Officer
2. Marital Status	<input type="checkbox"/> Married (With Children) <input type="checkbox"/> Divorced (Not remarried) <input type="checkbox"/> Widow(er) <input type="checkbox"/> Dual Military		
	<input type="checkbox"/> Married (Without Children) <input type="checkbox"/> Divorced (Remarried) <input type="checkbox"/> Single (Without Children) <input type="checkbox"/> Other (Please Specify) _____		
3. Do you live on post?	<input type="checkbox"/> Yes <input type="checkbox"/> No		
4. If you live off post, where do you live?	<input type="checkbox"/> Lawton <input type="checkbox"/> Elgin <input type="checkbox"/> Cache <input type="checkbox"/> Other _____		
5. How long does it take you to get to Fort Sill?	<input type="checkbox"/> 0-15 min <input type="checkbox"/> 15-20 min <input type="checkbox"/> 20-30 min <input type="checkbox"/> 30-40 min <input type="checkbox"/> longer than 40 min		
6. Do you know where Army Community Service (ACS) is located?	<input type="checkbox"/> Yes <input type="checkbox"/> No		
7. Which ACS programs have you used in the past year? <i>(Mark all that apply.)</i>	<input type="checkbox"/> Army Emergency Relief <input type="checkbox"/> Exceptional Family Member <input type="checkbox"/> Army Family Team Building <input type="checkbox"/> Financial Readiness <input type="checkbox"/> Information & Referral <input type="checkbox"/> Volunteer Program <input type="checkbox"/> Employment Readiness <input type="checkbox"/> Family Advocacy <input type="checkbox"/> Other (specify) _____ <input type="checkbox"/> Relocation <input type="checkbox"/> Loan Closet <input type="checkbox"/> N/A		
8. What is the best method for ACS to get information to the community? <i>(Mark all that apply.)</i>	<input type="checkbox"/> E-mail <input type="checkbox"/> Facebook <input type="checkbox"/> Post Newspaper <input type="checkbox"/> Flyers <input type="checkbox"/> Web Page <input type="checkbox"/> Intranet <input type="checkbox"/> Other (Please Specify) _____		
10. What type of workshops/training are you interested in? <i>(Mark all that apply.)</i>	<input type="checkbox"/> AFTB, Level K – Military Knowledge <input type="checkbox"/> AFTB, Level G – Personal Growth and Resiliency <input type="checkbox"/> AFTB, Level L – Leadership <input type="checkbox"/> First Sergeant Spouse Seminar <input type="checkbox"/> Recruiter Spouse Seminar <input type="checkbox"/> Drill Sergeant Spouse Seminar <input type="checkbox"/> Other - Please specify _____		
	<input type="checkbox"/> Personal Relationships <input type="checkbox"/> Stress Management <input type="checkbox"/> Time Management <input type="checkbox"/> Ball Etiquette <input type="checkbox"/> Team Dynamics <input type="checkbox"/> Family Preparedness (financial, emergency, etc.)		
11. What is the best time for you to attend workshops? <i>(Rate in preferred order with 1 being the highest)</i>	<input type="checkbox"/> Mornings <input type="checkbox"/> Lunch Time <input type="checkbox"/> Afternoons <input type="checkbox"/> Evenings <input type="checkbox"/> Weekends		
12. What is the length of workshop/training you would be able to attend? <i>(Rate in preferred order with 1 being the highest)</i>	<input type="checkbox"/> Full Day Workshops <input type="checkbox"/> 1/2 Day Workshops <input type="checkbox"/> 2-3 Hour Workshops <input type="checkbox"/> 1 Hour/Lunch Time Workshops <input type="checkbox"/> 2-3 Hour Evening Workshops <input type="checkbox"/> 1 Hour Evening Workshops <input type="checkbox"/> Other (Specify) _____		
13. Is childcare an important factor in your ability to attend workshops/training?	<input type="checkbox"/> Yes <input type="checkbox"/> No		
14. Comments/Suggestions			

Please return the survey to Merilee Nevins, AFTB/AFAP Program Manager by one of the following methods.

E-mail: merilee.k.nevins.civ@mail.mil

Fax: 580-442-7617

Mail or Deliver: ACS, Bldg. 4700 Mow-Way Road, Fort Sill, OK 73503



Pre-Movement PCS Briefs

Tips & Advice
to ensure your next move
is less stressful.



- . Flights
- . Housing
- . Household Goods
- . Unaccompanied Baggage
- . Vehicles
- . Finance and Allowances
- . PCS Leave
- . Children Involvement
- . Pets
- . Research Websites
- . & MUCH MORE!



First Thursday/Month: Germany 10:00am, CONUS (Stateside) 1:00pm &
All Others (not listed) 2:30pm

Second Thursday/Month: Korea 10:00am, Hawaii 1:00pm & Alaska 2:30pm



Questions?

Contact ACS:

580-442-4916

Located in the Welcome Center
Bldg 4700 Mow-Way Rd

* If the child is 10 years old or older, the child's birthday, the 5th dose is not required. The number of doses may range from 1-4 depending on the age of the child when the first dose is received. If the 3rd dose of IPV/OPV is administered on or after the 4th birthday, the 4th dose of IPV/OPV is not required. If the 3rd dose of IPV/OPV is administered on or after the 4th birthday, the 4th dose of IPV/OPV is not required. If the 3rd dose of IPV/OPV is administered on or after the 4th birthday, the 4th dose of IPV/OPV is not required. If the 3rd dose of IPV/OPV is administered on or after the 4th birthday, the 4th dose of IPV/OPV is not required.

Vaccine	Child Care	Pre-school/Pre-K	K-6th	7th-9th	10th-12th
DTaP (diphtheria, tetanus, pertussis)	4 DTaP	4 DTaP	5 DTaP/OPV*	5 DTaP/OPV & 1 Tdap booster	5 DTaP/OPV
PCV (pneumococcal conjugate vaccine)	14 PCV*	Not required for school	5 DTaP/OPV*	5 DTaP/OPV & 1 Tdap booster	5 DTaP/OPV
IPV/OPV (inactivated polio virus)	3 IPV/OPV	3 IPV/OPV	4 IPV/OPV#	4 IPV/OPV	4 IPV/OPV
MMR (measles, mumps, rubella)	1 MMR	1 MMR	2 MMR	2 MMR	2 MMR
Hib (Haemophilus influenza type b)	14 Hib**	Not required for school	3 Hib B##	3 Hib B##	3 Hib B##
Hep A	3 Hep A	3 Hep A	3 Hep A	3 Hep A	3 Hep A
Hep B	3 Hep B	3 Hep B	3 Hep B	3 Hep B	3 Hep B
Varicella	1 Varicella	1 Varicella	1 Varicella	1 Varicella	1 Varicella

Guide to Immunization Requirements in Oklahoma – 2013-2014 School Year



Transportation Between Fort Sill CYSS Centers and Lawton Public Schools

Transportation is provided to and from the following schools from the School Age Center (1st-5th Grade) and the Cooper Child Development Center (Kindergarten):

Geronimo Road Elementary
Hugh Bush Elementary
Pat Henry Elementary
Pioneer Park Elementary
MacArthur Middle School (6th)
Sheridan Road Elementary
Jackson Elementary
Ridgecrest Elementary
Central Middle School (6th)
Tomlinson Middle School (6th)
Eisenhower Middle School (6th)

Transportation is provided after school to the Youth Center (6th-12th grade) from the following schools:

Central Middle School
Eisenhower Middle School
MacArthur Middle School
Lawton High School
Eisenhower High School
MacArthur High School
Tomlinson Middle School

Susan Murray
Fort Sill School Liaison Officer

4700 Mow Way Road (North Entrance)
Fort Sill, OK 73503

Phone: 580-442-2130

Fax: 580-442-4234

E-mail: susan.n.murray2.naf@mail.mil



Fort Sill Area Public Schools

Bishop	http://www.bishop.k12.ok.us/ 580-353-4870
Boone-Apache	http://www.apache.k12.ok.us/ Elementary—580-588-3577 Middle School—580-588-3577 High School—580-588-3358
Cache	http://www.cache.k12.ok.us/ Elementary—580-429-3542 Middle School—580-429-6536 High School—580-429-3214
Central High	http://www.central.k12.ok.us/ All levels—580-658-6858
Chattanooga	http://www.chatt.k12.ok.us/ Elementary—580-597-6638 Middle/High School—580-597-3347
Cyril	http://www.cyril.k12.ok.us/ Elementary—580-464-2437 High School—580-464-2277
Duncan	http://www.duncans.org/ All levels—580-255-0686
Elgin	http://www.elgins.org/ All levels 580-492-3655
Fletcher	http://www.fletcherschools.org/ Elementary—580-549-6020 Middle/High School—580-549-6015
Flower Mound	http://www.flowermound.k12.ok.us/ All levels 580-580-353-4088 (ext. 208)
Frederick	http://www.frederickbombers.net/ Elementary—580-335-3513 Middle School—580-335-2104 High School—580-335-5521
Geronimo	http://www.geronimo.k12.ok.us/ Elementary—580-353-0082 Middle/High School—580-353-3160
Indiahoma	http://www.indiahoma.k12.ok.us/ All Levels—580-246-3202
Lawton	http://www.lawtonps.org/ All Levels—580-357-6900 Special Services Center—580-353-0334
Marlow	http://www.marlow.k12.ok.us/ All Levels—580-658-2719
Sterling	http://www.sterling.k12.ok.us/ Elementary—580-365-4166 Middle/High School—580-365-4303
Walters	http://www.blued.org/ All Levels—580-875-2568

Fort Sill Area Schools

Fort Sill Area Private Schools

Lawton Christian	http://www.lcscrusaders.com Preschool—580-536-3278 Elementary—580-536-9810 High School—580-536-6885
St Mary's	http://stmaryslawtonok.com All levels—580-355-5288
Trinity Christian	http://www.tcalawton.org All levels—580-355-5288
Lawton Academy of Arts and Sciences	http://www.lawtonacademy.net/ All levels—580-536-1900
Home School Associations	Lawton Christian Home Educators Randy Worthen: raworthen@att.net

Required Information for Enrollment in Oklahoma Public Schools

1. State Certified Birth Certificate
2. Proof of Residency in parent's name (housing assignment letter, current utility bill, lease agreement, mortgage statement, etc.)
3. Current immunization records
4. Social Security Card

Before and After School Care

The following Lawton Public Schools Elementary Schools offer Extended Day programs (7am—5:30pm at most locations)

Almer West Elementary	Carriage Hills Elementary
Crosby Park Elementary	Edison Elementary
Eisenhower Elementary	Hugh Bush Elementary
John Adams Elementary	Pioneer Park Elementary
Sullivan Village Elementary	Whittier Elementary
Woodland Hills Elementary	

Pre-Kindergarten

All Fort Sill area schools offer Pre-K programs

Lawton Public Schools works with area Child Care Centers including those on Fort Sill to provide Pre-K education

The following schools provide half-day Pre-K programs:

- Geronimo Road Elementary School (Fort Sill)
- Sheridan Road Elementary School (Fort Sill)
- Almer West Elementary
- Carriage Hills Elementary
- Learning Tree Pre-K Center
- Lincoln Elementary
- Sullivan Village Elementary

The following non-LPS Schools offer full day Pre-K Programs

- Bishop Elementary School
- Flower Mound Elementary School

LPS Pre-K Collaboration Sites

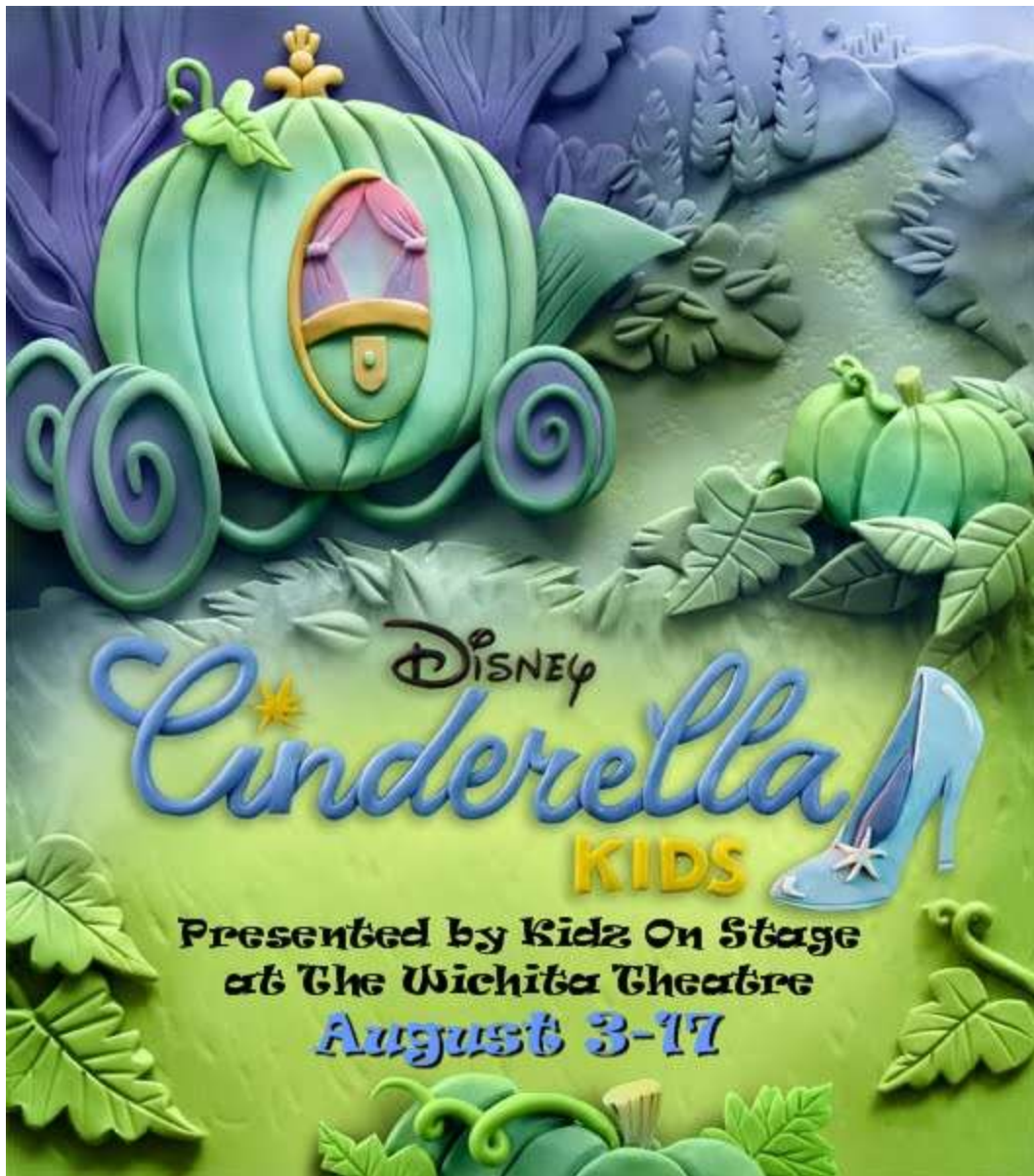
All collaboration sites provide before and after care

(Must obtain "permission to enroll" from the Collaboration Site before enrollment can be completed.)

- Beginnings Academy (must qualify through Crossroads Youth and Family Services)
- All Smart Start Locations
- Creative Moments
- Wonder Years
- Fort Sill Child Development Centers (Cooper, Grierson and Tinscher)

(Must meet Department of Army eligibility and priority system criteria. Placement must be approved through Parent Central Services. Children already enrolled in CDC have priority on Pre-K Placement. Program fees are based on DOD fee policies)

Schools outside Lawton and private schools provide half- or full-day Pre-K. Most rural schools with half-day programs work with area child care facilities to provide care for the remainder of the school day. Check with individual schools for details.



Wichita Theatre presents Disney's Cinderella Kids. It opens Saturday with three matinees. One at 11 a.m., one at 2 p.m. and one at 5 p.m.

All tickets are \$6. For more information, visit www.wichitatheatre.com.

Saturday August 10, 2013 - 11:00AM

Saturday August 10, 2013 - 2:00PM

Saturday August 10, 2013 - 5:00PM

Saturday August 17, 2013 - 11:00AM

Saturday August 17, 2013 - 2:00PM

Saturday August 17, 2013 - 5:00PM

Fort Sill Family and MWR and Army Community Service Financial Readiness Program Resources for Civilians

FRP Link: www.sillmwr.com/soldier-family-programs-2/financial-readiness-and-aer-loans/
Reservations for all Training is required at least two weeks in advance.

Training

Financial Management Training
(Classes: Basic Financial Planning and Budgeting)
Every 3rd Tuesday of the month Noon – 4 PM
And every 3rd Wednesday, 8 AM – 12 noon
BLDG 4700, Location TBD

Financial Planning for Relocation
7 June, 12 and 26 July, 09 and 23 August, 06 and 20 September
BLDG 4700, Room 153N

Free online Financial Readiness Training is available on
www.myarmyonesource.com

Financial Counseling and Coaching

(Appointment is required)
Budget and Debt Management
Credit Report Review and Repair
Consumer Issues

Other Resources and Information

www.cccsok.org
www.tsp.gov
www.powerpay.org
www.saveandinvest.org
www.annualcreditreport.com
www.oces.okstate.edu/comanche
www.oklahomamoneymatters.org
www.fdic.gov/consumers/consumer/moneysmart
United Way 355-7575
Lawton Food Bank 353-7994
Salvation Army 355-1802



For more information, please contact the FRP Team at 580-442-4916

Movies on the Beach

<p>July 20</p>  <p>Despicable Me</p>	<p>August 17</p>  <p>Kung Fu Panda</p>	<p>September 1</p>  <p>Monsters vs. Aliens</p>
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Lake Elmer Thomas Recreation Area

All movies start at 9:30 pm.
Concessions will be available for purchase.

For more information call (580) 442-5858.



Located 12 miles NW of the main post and can be reached by using Apache Gate on Hwy 49 or Key Gate on I-44.

Zumba at Edison Elementary
5801 NW Columbia Ave
Community \$3
(Teachers) \$1
Mondays and Thursdays
6:00pm


PARTY TIME!!!



JOIN THE party  **zin** zumba instructor certification

ZUMBA
 fitness



www.facebook.com/lawtonoklahomazumba



ZUMBA
 fitness

PARTY YOURSELF INTO SHAPE

THE LATIN-INSPIRED, EASY-TO-FOLLOW, CALORIE-BURNING DANCE-FITNESS PARTY. FEEL THE MUSIC AND LET LOOSE.

Zumba With Jered & Andi
Where: Aggie Rec Center - Cameron University
Days: Tuesdays, Wednesdays, Fridays
Times: 5:15pm - 6:15pm

ZUMBA

Please "LIKE" us on Facebook @ www.facebook.com/lawtonoklahomazumba

School & Sports Physicals

Who: Active Duty Family Members

Ages: 4-18

Dates: ~~10 July, 17 July, 24 JUL, 31 JUL~~
~~7 AUG, 14 AUG (WEDNESDAYS)~~

Time: 0800-1100, 1300-1600

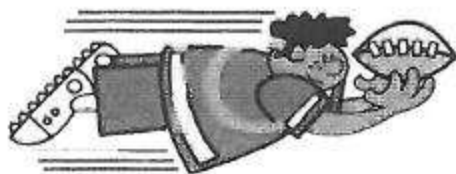
Where: Pediatric Clinic, RACH

Make appointments by calling 558-2000

Walk-ins will be seen if availability allows

Bring Child's

- » Eyeglasses (if applicable)
- » Physical Form
- » Immunization Record





RAM
RODEO • SERIES

-75th Annual-
LAWTON RANGERS
★ RODEO ★
AUGUST 7, 8, 9 & 10

LO RANCH ARENA
2004 SE 60TH

GRAND ENTRY
7:30PM NIGHTLY

PARADE
SAT. AUG. 10 @ 10AM
DOWNTOWN LAWTON

★ BEUTLER & SON ★
RODEO STOCK

★ CHARLIE THROCKMORTON ★
RODEO ANNOUNCER

\$12 Tickets
in advance
\$15 at the gate. Kids 6-12yr \$6.
Kids 5 and under FREE!

BRING THE WHOLE FAMILY!
SEE WORLD CLASS COWBOYS & COWGIRLS!

WEDNESDAY - FAMILY NIGHT 5 FOR \$25
THURSDAY - 2 FOR 1
RODEO DANCE (\$5 ADMISSION)
FRIDAY - JEREMY GRAY
SATURDAY - CROSSWINDS

TICKETS ON SALE NOW AT:
EZ 60S, CRUTCHER'S, WESTERN WEARHOUSE,
RUBEN SHOES, ATWOODS, FT. SILL ADVENTURE TRAVEL

RAM RAMTRUCKS.COM

B&W TRAILER HITCHES

MONTANA
SILVERSMITHS

Coors
SILVER

Walmart

Oklahoma
DODGE
RAM

SONIC

LAWTON
FORT SILL

ATM

Facebook

Twitter

IMCOM AWARD
WINNING
PROGRAM!



Team Sill on Target

You are cordially invited to join us on 8 Aug 2013 for the Team Sill on Target Tour (Civilian Staff Ride). The tour is designed to give non-Soldiers a first-hand experience of life in the war zone. The previous tours have been a tremendous success, and attendees have enjoyed themselves while learning more about military life. The next tour is scheduled for:



Date: 8 Aug 2013

Time: 0900-1200

***Departing from Bldg 4700 Mow-Way Road**

Attendees should bring comfortable walking shoes and water.

To reserve your spot, please contact ASAP at 580-442-4205 or email

rashonda.labrador@us.army.mil

Join us, and you will have a BLAST!!!



Itinerary

0850-0900: Range Control Tour Guide and the bus will meet attendees at Building 4700 Mow-Way Rd. A short Safety Briefing will be conducted prior to loading the bus, and the participants will depart NLT 0900.

0900-1200: The following locations will be toured:

1. Firing Point 183
2. Combat Pistol Qualification Course
3. Home Station Training Lane
4. Lunch at MOWAY



**DON'T
FORGET
WALKING
SHOES
AND
WATER!**





Basic Weapon Safety Class

0830- 1130, Conducted at Building 2774

Class dates: ~~22 FEB 2013~~
~~03 MAY 2013~~
 09 AUG 2013
 08 NOV 2013

- Covers basic safety procedures for handling and use
 - Loading/unloading
 - Proper clearing procedures
 - Disassembly/reassembly for cleaning
 - Rules/regulations for transportation and storage (Lawton, Fort Sill and Oklahoma)
- Requirements:
 - Available to all Active Duty/Reserve Military, DA/DoD civilians and dependants. Military personnel have priority for this class, civilians and dependants who would like to attend will be on a space available basis
 - You are encouraged to bring you own weapon
 - Absolutely no ammunition authorized
 - Your weapon must be registered on Fort Sill prior to class date (BLDG 4700 2nd floor)
- To register for the class you must contact the Fort Sill Safety Office at 442-2266/2265/2212
- Additional safety information is available at the USA Combat Readiness Center
<https://safety.army.mil/rangeweaponssafety/PrivatelyOwnedWeapons/tabid/1466/Default.aspx>





The City of Lawton Parks and Recreation Department, along with numerous local organizations, businesses and churches, will host the

5th Annual Back to School Bash

Saturday, August 10, 2013

Museum of the Great Plains on 601 NW Ferris Ave

K-12 graders

Pre-Registered ticket holder will begin at 9 am
(Child does not have to be present)

On-site Registration will begin at 10 am
(Child must be present)

Pre-Registration sites are:

YMCA, COMANCHE COUNTY HEALTH DEPARTMENT, COMANCHE NATION PRE-VENTION & RECOVERY CENTER AND
CITY OF LAWTON OWENS CENTER

Beginning August 5th to August 9th, 2013

Child must be present to Pre-register

The Bash provides back packs and school supplies to students; and provides families with information from community services organizations and faith based institutions to help prepare students and promote a positive attitude for the upcoming school year. In addition to back packs and information, the Bash provides food, clothing and a day of fun for the family.





FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Free Fitness Friday

Class Schedule
August 9th, 2013

TIME	CLASS	INSTRUCTOR
5:30AM	ZUMBA	MARY
6:30AM	THE CORE	JOHN/JON
7:30AM	BODY SCULPTING	YOLANDA
8:30AM	YOGA	SHERI/KRISTEN
9:30AM	STEP	ERIN/KIM
10:30AM	TABATA	SALLY
11:30AM	ZUMBA	MIKA/MICHAEL
12:30PM	BODYSCULPTING	SALLY/MICHAEL
1:30PM	STEP	SUSAN
2:30PM	YOGA/PILATES	CYNTHIA/ASHLEY
3:30PM	TURBO KICK	SUSAN/YOLANDA
4:30PM	ZUMBA/ALL CARDIO	MICHAEL/YOLANDA
5:30PM	TABATA/THE CORE	YOLANDA/JOHN
6:30PM	ZUMBA	MARCUS

This day will preview all of our fitness classes for Non-Members and current Members to introduce what classes the YMCA has to offer. We will start at 5:30am. This will continue all day until the last class which will be at 6:30pm. We will offer day-care during the hours of operation. **We will waive the joiner fee from on the day of the event to the next following Friday. (You must attend at least one class to get joiner fee waived!)**



CELEBRATE
TEEN VOGUE BACK-TO-SCHOOL SATURDAY™
at Central Mall

AUGUST 10, 2013

JOIN US FOR:
LIVE MUSIC | FASHION SHOW | SPECIAL OFFERS | PRIZES
THE PARTY WILL BE GOING ON IN CENTER COURT
ALL DAY LONG!

FOR COMPLETE EVENT DETAILS VISIT
CentralMallLawton.com or
[Facebook.com/CentralMallLawton](https://www.facebook.com/CentralMallLawton)



JCPenney, Old Navy, Sears, and over 85 other shops and restaurants!
MON-SAT: 10AM to 8PM, SUN: 12PM to 6PM
100 C. Avenue • 580-248-1742 • CentralMallLawton.com

55.



US Army Fires Center of Excellence (FCoE)
International Student Division (ISD)

Hospitality Day

International Military Students, Host
Families and Sponsors:

**Please join us to greet our
new students**



- **WHEN:** Wed, 14 August 2013
- 1200 to 1300
- **WHERE:** ISD Flag Room,
- Bldg 5690 Geronimo Road, Fort Sill
- Pizza & Refreshments served.
- IMS Family members welcomed ☺

56.

Know Your World: **Jordan** Educational and Entertaining



When: 7 pm Thursday, 15 Aug 2013

Where: Fort Sill Patriot Club, main ballroom
500 Upton Road (previously Officer's club)

Presenter: MAJ Hazim Alajarmeh
Field Artillery Captain's Career Course 3-13



Join us for a glimpse of Jordanian culture

A taste of regional cuisine

Make new friends and conversation.

For details, please call ISD at (580) 442- 3554 Mrs. Brenda Moore

MOLLIE GROSS

MILITARY WIFE & COMEDienne

featured at this month's

Beef and Burgundy

Friday, August 16

Cocktail Hour 5-6 pm

Dinner 6-8 pm

\$25 per person / \$30 with wine



Menu includes:

*Prime Rib • Baked Potato Bar • Salad Bar
Fresh Baked Rolls • Dessert Station*

Reservations required by August 9

Call (580) 442-5300

Comedy is suited for 18 and older.



HISTORIC PATRIOT CLUB • 500 UPTON ROAD • FORT SILL, OK

PATRIOT SPOUSES CLUB

Super Sign Up



Friday, August 23, 2013
9am-2pm
Graham Resiliency Training Center
(RTC) on Fort Sill

get connected

Lots of social clubs and local groups for military spouses will be in attendance! Meet new people and join in on the fun!

network your business

Meet leaders from some of Lawton's most influential organizations.

sign up to volunteer

There are many deserving charities in the Lawton Fort Sill community, and plenty of groups to help you learn where you're needed.

connect with us!

Facebook.com/FortSillPSC
FortSillPSC.org

FOR MORE INFORMATION OR IF YOUR ORGANIZATION WOULD LIKE TO PARTICIPATE, PLEASE CONTACT LAURA REMING AT LREMINGS@HOTMAIL.COM OR 580.705.9278

The Fort Sill Patriot Spouses Club is a non-profit service organization that supports a variety of activities and fundraisers to benefit its membership and provide educational scholarships to military families as well as financial support and assistance to many organizations on Fort Sill and in the surrounding communities.

Membership is open to US Military ID card holders of ALL ranks, to include retired military personnel, all US sponsored foreign liaison personnel, and all civilian ID card holders, their spouses and family members age 18 and older. Annual membership dues are \$20 for E7 and above, \$10 for E6 and below, and \$5 for CCC, BOIC, and WOBC student spouses. Membership year is August 2013 - May 2014.



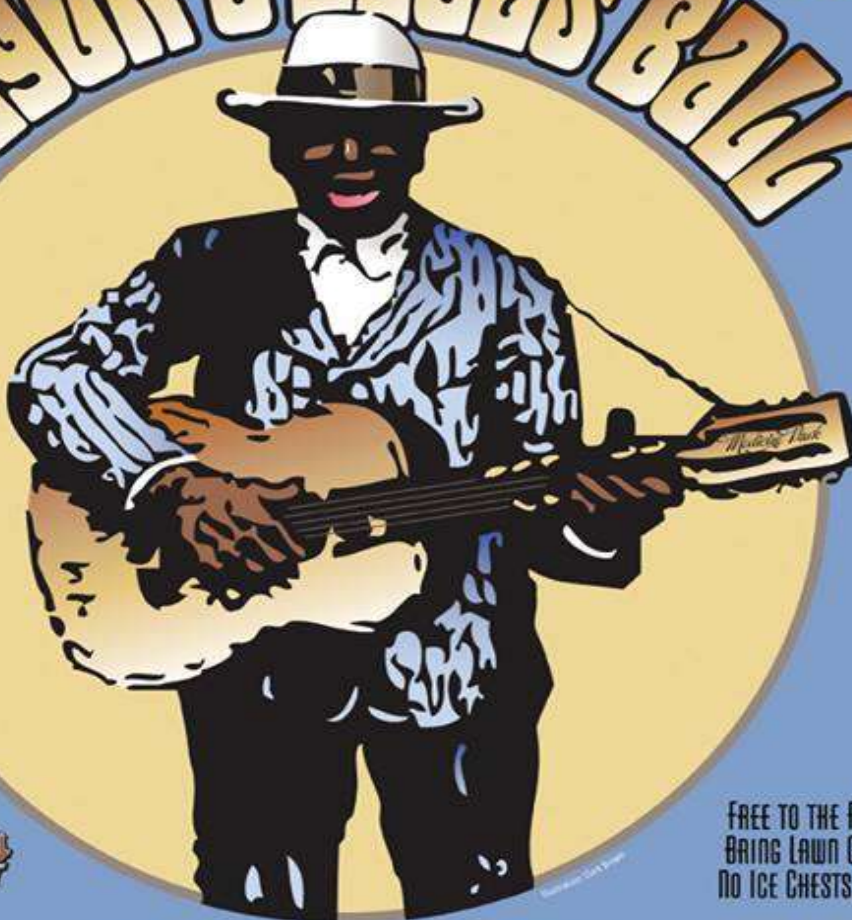
LIVE IN DOWNTOWN MEDICINE PARK, OKLAHOMA



AUGUST 30TH-31ST :: SEPTEMBER 1ST
 ::THE SEVENTH ANNUAL::

MAJOR'S BLUES BALL

2013



PLATINUM SPONSORS



MPEDA



FREE TO THE PUBLIC!
 BRING LAWN CHAIRS.
 NO ICE CHESTS PLEASE

FRIDAY AUGUST 30TH

BB 2013 KICKOFF PARTY AT MAIN STAGE
 7:00pm-8:00pm
 BIG PETE
 8:30pm-10:00pm
 ROLAND BOWLING
 10:30pm-12:00am
 DIRTY RED & THE SOULSHAKERS

SATURDAY AUGUST 31ST

AT GENERAL STORE STAGE
 12:00pm-1:30pm
 BLUEPRINT
 2:00pm-3:30pm
 THE SOUL SURVIVORS
 4:00pm-5:30pm
 IKE LAMB & THE CREEPERS

SUNDAY SEPTEMBER 1ST

AT GENERAL STORE STAGE
 12:00pm-1:30pm
 RUSTY TREWICK & TRUE FRIENDS
 2:00pm-3:30pm
 SWEET BRENDA & SOUR MASH
 4:00pm-5:30pm
 BIG PETE

AT MAIN STAGE
 6:00pm-7:30pm
 CECIL GRAY & THE FLYING EAGLE
 BLUES BAND
 8:00pm-9:30pm
 CHART
 10:00pm-12:00am
 LIT' ED & THE BLUES IMPERIALS

GOLD SPONSORS: Bear 104.7 • John Branch • Comanche Home Center • Comanche County Memorial Hospital • Cosmetic Specialty Labs • Cotton Electric • The Old Plantation • The Plantation Inn • Red Dirt Grill • 2nd
 SEVER SPONSORS: Bank of the Wichita • Clark Brown Creative • Environmental Pest Control • Liberty National Bank • Robert Lynch • MC Scott Management • The Park Towers • Riverside Cafe • Randy & Lynna Warren
 BRONZE SPONSORS: Bullets BBQ • Big Red Concessions • Toni Hynes Capra • Cobblestone Galleries • NO & No Outkast • Gone Fishin' • Garry Iham • Grease Monkeys • Medicine Park Cabin • Medicine Park Properties
 Smiley's Tires, Tunes & Tint • White Buffalo • Mark Wicks

MEDICINEPARK.COM

Design: CalkinsCreative.com





Fort Sill Directorate of Family and Morale, Welfare, and Recreation



End of Summer Operations and Closure

LETRA:	Effective Friday, 16 August 2013	
	Wed/Thurs/Fri	1600 – 1900
	Sat/Sun	1000 – 1900
	Last Day of Operation is Monday, 2 Sep 2013	
Quinette	Effective Friday, 16 August 2013	
Pool:	Mon – Fri	1600 – 2000
	Sat/Sun	1000 – 2000
	Last Day of Operation is Monday, 2 Sep 2013	
Spray	Effective Friday, 16 August 2013	
Park:	Wednesday	CLOSED
	Thurs/Fri	1600 – 2000
	Sat/Sun	1000 – 2000
	Mon/Tues	1600 – 2000
	Last Day of Operation is Monday, 2 Sep 2013	

Change in hours of operation is due to lifeguards returning to school, or college.

Shane Dunlevy/MC/MWR/Community Recreation Officer/580-442-2025

1 OF (24) Unclassified

1 Aug 2012



NAF

Job Employment Seminar

Come join us!!!

Thursday, September 5, 2013
8:00-12:30pm
4700 Mow Way, Room G-29
Fort Sill, Oklahoma

New to the community?
Looking for a great place to work?
Consider an MWR Position!

Positions are available now with Family and Morale, Welfare and Recreation (MWR).

- This seminar will help inform applicants on how to apply using USAJobs.gov.
- Computers and assistance will be available.

Apply at <https://www.usajobs.gov>

Call (580) 442-5853 for more information.



Hearts Apart

**ACS will host this
event at the
VFW
103 NE 20th St
Lawton, OK
9 September 2013
5:00 - 7:00**



**Active Duty,
National Guard
and Reserve
Families
Welcome**



Is your Soldier deployed, on an unaccompanied tour, a Drill Sergeant on a new cycle, TDY or away attending a school?

Get together with other families just like you, apart from their Soldier. This is not an FRG, it is an opportunity to create a strong group of family members for activities, advice and support.

4H will be there to provide activities for all the children.

Call 580-442-3095/0359 or email
natira.h.mcgee.civ@mail.mil
willie.l.byrd.civ@mail.mil
for your reservation.



Who's excited to see [Randy Houser](#) perform on the Chickasaw Entertainment Stage at the 2013 Oklahoma State Fair? Randy will take the stage on Opening Day (September 12) so that means admission is only \$2. Can't beat that deal! 3001 General Pershing Blvd., Oklahoma City 73107

Fair Hours

Gates: Open at 8:00 a.m.

Buildings, Outdoor Exhibits, & Food: Open at 10:00 a.m. daily

Buildings: Close at 9:00 p.m. Sunday - Thursday

Buildings: Close at 10:00 p.m. Friday - Saturday

Outdoor Exhibits, & Food: Close at 9:30 p.m. (or later) Sunday - Thursday

Outdoor Exhibits, & Food: Close at 10:30 p.m. (or later) Friday - Saturday

Carnival Hours

Monday (Kids' Days): Opens at Noon

Tuesday - Friday: Opens at 1:00 p.m.

Saturday - Sunday: Opens at 11:00 a.m.

The Fair outdoor areas, including the carnival, close at various times and/or at the discretion of Fair management.

Regular Admission

Adults (ages 12+): **\$9** Children (ages 6-11): **\$5** Children (ages 5 and under): **FREE!**

Season Passes: **\$25**

Thursday, September 12: Opening Day - \$2 admission



WE WANT YOU



To Participate in Lawton's 2013 International Festival on September 27, 28 & 29 "A Celebration of Cultures"

- * Outdoor Activities * Music & Dance * Food & Sales Booths
- * Children's Activities * Cultural Displays and more!



Volunteer Performer application deadline: June 14, 2013

Vendor & Display application deadline: June 21, 2013

If you would like additional information or to receive either a vendor or performer's application please contact the City of Lawton's Arts & Humanities Division at (580)581-3470 or (580) 581-3471. Visit our website @ www.cityof.lawton.ok.us/LAHC

For more information, please visit www.cityof.lawton.ok.us/lahc/IF.htm or <http://tinyurl.com/o5fnuuh>

The vendor application is available at <http://tinyurl.com/q3zw82n>



The Fort Sill Fall Post Wide GARAGE SALE

**Saturday, September 28th
8 am - 1 pm**

1-78th FA (AIT) Parking Lot
(located on Crane Road next to Behavioral Health Bldg. 2442)

**Permits are on sale from
August 19 - September 27 for \$20 each
All sellers must have a permit.**

**Purchase permits at Adventure Travel
located at Bldg. 4700
Monday - Friday: 9 am - 5:30 pm**

**For questions, contact Traci Barsuglia,
Supervisory Recreation Specialist at (580) 442-3575**

Just a reminder--FRGs who fundraiser at the post wide garage sale must submit a fundraising request (regardless of the setup location). This is in accordance with FS Regulation 608-2.

All FRGs/persons setting up on the hardstand lot MUST purchase a garage sale permit prior to event.

FRGs/persons selling from government quarters do NOT have to purchase a garage sale permit.

There is no access to electricity on the hardstand lot. The only approved selling locations for this event are the hardstand lot OR from government quarters.

School Input Parents/Guardians of Military Children

We hope you and your child have a great experience with our local schools. We would like your feedback. Tell us what our local schools are doing well and where there is room for growth. Please take a few minutes to fill out this survey. Your input is important.

Students

Grades: PreK, K, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12

School(s) _____

Name (optional) _____

1. How were you and your child welcomed to our school? Was the website helpful?

2. Was the transfer of credits an easy process (secondary)? _____

3. Did the availability of extracurricular activities meet your child's needs?

4. Please share any final comments or recommendations.

Please send this survey no later than 30 September 2013 to the School Liaison Officer, Susan Murray, at susan.n.murray2.naf@mail.mil or Cheryl Foster at cheryl.o.anderson.civ@mail.mil or drop it off at their offices in the Welcome Center, Building 4700.



Fires Bulletin 2013 Photo Contest

The *Fires Bulletin's* annual photo contest obtains high-quality photos that tell the story of today's U.S. artillery professionals conducting training or engaged in full-spectrum operations. The competition is open to all military or DoD civilian personnel. Entries will not be returned. Any photos (even those not "winning" the contest) may be used by the Fires Center of Excellence; however, appropriate photographic credit will always be given to the photographer.

Photo Categories - There are two main categories in the 2013 contest, with each category containing two divisions.

1. Field Artillery

- Combat / Full Spectrum Operations
- Training for Combat / Full Spectrum Operations

2. Air Defense Artillery

- Combat / Full Spectrum Operations
- Training for Combat / Full Spectrum Operations

Prize Winners: 1st and 2nd place winners will be awarded for each division.

1. 1st Place Winners will have their photos featured on a full page in the Jan-Feb 2014 *Fires Bulletin* and in the 2014 Fires Center of Excellence calendar. They will also receive a two-star note and commander's coin from the Commander of the Fires Center of Excellence, along with appropriate branch (FA or ADA) memorabilia.

2. 2nd place winners will have their photos featured on a half page in the Jan-Feb 2014 *Fires Bulletin* and in the 2014 Fires Center of Excellence calendar. They will also receive a two-star note from the commanding general and appropriate branch (FA or ADA) memorabilia.

Contest Rules:

1. Entries must be received no later than Nov. 1, 2013.
2. Only photos taken in the last 24 months are eligible for submission.
3. Each photo must be a jpg or tif image with little or no compression and a minimum dpi of 300.
4. Images cannot be manipulated in any way by image editing software.
5. Winning photos from past contests are not eligible for resubmission.
5. Photos cannot be copyright protected or owned by another agency or publication.
6. Soldiers appearing in the photos MUST BE IN PROPER UNIFORM to qualify for prize award.
7. The owner of the photograph must either submit the photo or provide written and signed approval for the photograph to be entered into the contest on his/her behalf.

Judging: Judging will be at the discretion of the *Fires Bulletin* and the center commanding general. Winners will be officially announced in the 2013 Red Book, dated Jan/Feb 2014.

Photo submissions:

1. Each photo submission must include the photographer's name, unit/affiliation, e-mail address, mailing address, zip code, and a phone number.
2. Caption information must include the five "Ws": who, from what unit, is doing what, where and when (date photo was taken – for example: "SGT Joe B. Smith, C Battery, 2nd Battalion, 20th Field Artillery, 1st Cavalry Division, fires the M109A6 Paladin howitzer during unit qualification training at Fort Hood, Texas, January 5, 2013."

Address for submissions: Photos can be sent via e-mail or compact disk and will not be returned. E-mail the image file (one image per e-mail) to *Fires Bulletin* at fires.bulletin@us.army.mil, with a subject of "2013 Photo Contest/Entry Category – your last name." Mail CD's to *Fires Bulletin*, ATTN: Photo Contest, P.O. Box 33311, Fort Sill, OK 73503. You can also FedEx or UPS submissions to *Fires Bulletin*, ATTN: Photo Contest, 652 Hamilton Road, room 203, Fort Sill, OK 73503.

NOTE: Submissions (even those not selected for prizes) become part of the public domain.

Questions? Contact the *Fires Bulletin* staff at fires.bulletin@us.army.mil or phone DSN 639-5121/6806 or commercial at 580-442-5121/6086.

68. Rush Springs Watermelon Fest

The Rush Springs Watermelon Festival has been held continuously since 1948. It had its beginning in 1940 and has become one of the most popular festivals in the state. 10 Aug from 9am-9pm 2013 Jeff Davis Park, Rush Springs, OK.

The festival has proven popular, since its beginning and the crowds have increased in number to around 20,000 to 30,000 visitors each year. Over 50,000 pounds of watermelons are purchased from area melon growers and served to festival visitors during the day.

The activities during the day include watermelon exhibits, stage shows, tiny tots contest, free watermelon feed, carnival, and arts and crafts fair. The 77th Army Band will be playing from 5-7pm.

<http://www.mac-vincent.com/Festival.htm>

69. Great Plains Technology Center's 2013-2014 Career Training Guide

Out of high school and still trying to find your career path? Our 2013-2014 Career Training Guide is online! Inside you'll find information about all of our full-time career majors, cost, application information and FAQ's.

www.greatplains.edu/wp-content/uploads/flipbook/TrainingGuide2013 or
<http://tinyurl.com/kc99zjp>

70. New Pharmacy Hours

The Main Pharmacy and Pharmissary will have new hours beginning 1 July because of the employee furloughs. The pharmacies will be open Mondays through Fridays from 8:15am to 4:45pm and closed on weekends.

71. The Bakery Emporium is hiring!

A new bakery focusing on gluten free products is looking for a part-time baker, baristas, cashiers, POS. Location is in Lawton and will open on 17 Aug 13. All candidates please respond with your work history and pay requirements to Jenn Parker at: TheQueen@bakeryemporium.com

72. Impact Zone/Java Café Changes

Effective June 1, the Impact Zone/Java Café will no longer operate a drive-thru window. However, the window will still be available for pickup orders.

Also effective June 1, the Java Café will no longer offer breakfast and the hours of operation will change to 9 am - 1 pm, Monday - Friday. The lunch menu will still be available! To place an order, call (580) 442-0355.

73. Waves of Honor

Waves of Honor permits any active duty military, activated or drilling reservist, or National Guardsman to one complimentary admission per year to either SeaWorld®, Busch Gardens®, Adventure Island®, Water Country USA®, or Sesame Place® or weekdays at Aquatica SeaWorld's Waterpark™ in San Diego for military personnel and as many as three direct dependents.

www.wavesofhonor.com

74. Lawton Philharmonic Orchestra presents "Magical Mendelssohn"

"A Legacy of Music – Honoring The McMahon Foundation"

Date: Saturday, August 24

Time: 8 pm

Location: McMahon Memorial Auditorium , 801 NW Ferris, Lawton, OK 73507

For more information and to purchase tickets, please call 580-531-5043 or visit www.lawtonphil.com

75. TRICARE Moves Forward With Prime Service Area Reductions

The Defense Department will reduce the number of TRICARE Prime service areas in the United States beginning Oct. 1, affecting about 171,000 retirees and their family members.

More on this article can be found at <http://tinyurl.com/jwfnbt7>.

76. Medicine Park Flute Festival & Art Walk

Date: September 28 - 29, 2013

Contact: Jean Schucker

Email: ambassadors@mpmns.org

Artists are invited to submit a photo of their work for the 4th annual Medicine Park Art Walk in conjunction with the Medicine Park Flute Festival set for Sept. 28 and 29 in Town Center. Entry fee for the two-day juried show is \$35, with no percentage fee for sales. Booth space is limited, and resale items are not allowed. Judges' prizes totaling \$500, sponsor purchase awards and a children's art area are new this year. The show is open to the public Saturday from 10 a.m. to 6 p.m. and Sunday from 11 a.m. to 5 p.m. Artists' work will be displayed on the covered porches of the scenic Old Plantation restaurant on the surrounding paved areas and along the scenic Medicine Creek trail. Spaces will be assigned as entries are accepted.

Artists may set up booths on Friday, Sept. 27, after 4 p.m., or Saturday morning beginning at 7a.m. Participants must supply their booth or tent. Interested artists must submit a high-resolution photo of a sample of your work and request an entry form by going to ambassadors@mpmns.org Deadline for entry is Aug. 15. Space will be assigned on a first come, first served basis. Check out our Facebook Page: Medicine Park Art Walk.

For information on Medicine Park, including lodging, go to www.medicinepark.com

77. Fort Sill Housing Satisfaction Survey

Ladies and Gentlemen,

In accordance with the Commanding General's directive, the US Army Fires Center of Excellence and Fort Sill Inspector General Office is conducting a Fort Sill Housing Satisfaction Survey. This survey is an independent... measurement of how well tenants are satisfied with different aspects of military housing on Fort Sill. All responses are anonymous and collected solely by the IG office. The data will be provided to the Commanding General in order to provide him situational awareness on how our housing tenants feel about their living conditions. If you know anyone who is currently living in Fort Sill Military Housing, please pass this e-mail on to them, so that they may participate. Some tenants have already received the e-mail from Corvias/Picerne, but the e-mail contact list is limited to those who previously provided their e-mail address to Corvias/Picerne.

The survey is located at <http://sill-www.army.mil/surveys/resident-survey>.

The site will remain open through 16 August 2013. Please, only one completed survey per military housing household.

Thank you for your help in getting this important survey out.

v/r,
LTC Mattox

Jim Mattox
LTC, IG
Inspector General
U.S. Army Fires Center of Excellence and Fort Sill

78. 3rd Annual Lawton Car Show Benefit, Huntington's Disease

Date: Saturday, September 21, 2013

Time: 10:00 am

Location: Great Plains Coliseum Expo Building, 920 S Sheridan Rd, Lawton, OK

Contact: Pat Timberlake

Phone: 580-351-7520

Email: patkathyt@gmail.com

Registration begins at 8:30 a.m.

Open Class: 1949 and under, 1950 - 1959, 1960 - 1969, 1970-1979, 1980-1989, 1990 - 1999, 2000 to current. More classes TBA

Individual Class: Corvette, Pony Muscle Car, Trucks 2X4, Trucks 4X4, American Motorcycle, Import Motorcycle, more classes TBA

Registration is \$20.00

79. Ribbon cutting for Impression-Swarovski Crystal Jewelry & Accessories

Date: Thursday, August 8, 2013

Time: 2:00 pm - 2:15 pm

Location: Impression-Swarovski Crystal Jewelry & Accessories, 3801 NW Cache Rd, Ste 35, Lawton, OK 73505

Come out and join our new member.

80. F&F Rodeo Finals/Stephens County Free Fair

Aug 21 - 24, 2013

Times are 8pm-10pm

Tickets are: \$6 adults in advance

\$3 kids 3 - 12 yrs.

\$7 adults at the door

\$4 kids at the door

Active military \$1 off

Kids under 3 yrs FREE

Ticket locations are: Crutchers, Stockmans, Stephens County Fair

Wednesday August 21nd- 4 pm to 7 pm Enter Fair Exhibits

6 pm Tractor Driving Contest

7 pm Carnival (same time daily)

Thursday August 22rd- 11 am - 7 pm Pie by the Slice (same time daily)

1 pm - 9 pm Fair Exhibits & Trade Show

4 pm to 9 pm Talent Show

Friday August 23th- 9 am Grass ID Competition

9:30 am to 9 pm Fair Exhibits & Trade Show

10 am Livestock Judging Contest

11 am Pie Show

Noon Farmhand Olympics

4 pm to 6 pm Talent Show

8 pm Rodeo

Saturday August 24th- 8 am to 4 pm Assorted Livestock Shows

9:30 am to 9 pm Fair Exhibits & Trade Show

10:30 am Car Show

4 pm to 6 pm Community Gospel Music

8 pm Rodeo

FRIDAY AND SATURDAY IS THE F & F RODEO FINALS AND OPEN RODEO

Venue: Stephens County Fair & Expo Center, 2002 South 13th Street, Duncan, OK 73533

Contact: Roger Mallory 580-467-3824

Time: 7:30 pm

81. 82nd American Indian Exposition

October 8 - 11, 2013

Grady County Fairgrounds Chickasha, Oklahoma

Mini-Expo August 9 - 10, 2013

Anadarko, Oklahoma

Can't wait to see you there!

Keep checking for updates!

`We are the *Apache ~ Arapaho ~ Caddo ~ Cheyenne ~ Comanche ~ Delaware Fort Sill Apache ~ Kiowa ~ Osage ~ Pawnee ~ Ponca ~ Wichita*

Contact Yonie Terry at yoniet@hotmail.com.

<http://americanindianexposition.org>

82. Generations in the Workforce

Date: Tuesday, August 20, 2013

Time: 11:30 am - 1:00 pm

Location: Great Plains Technology Center, Room 655, 4500 SW Lee Blvd, Lawton, OK 73505

Contact: Karen Kirkpatrick

Phone: 580-355-1132

Email: Karen.Kirkpatrick@expresspros.com

"Generations in the Workforce" is a training program that identifies the four generations of workers who are side-by-side in the workplace for the first time in history. This program will help you manage and work with Traditionalists, Baby Boomers, Generation Xers and Millennials.

During this informative presentation you'll learn how to:

- Identify key influencing characteristics of the different generations in the workforce
- Discuss each generation's unique contributions and areas for growth
- Diagnose workplace issues from a generational perspective
- Identify potential generational conflicts and help prevent them
- Use motivation and retention tips specific to the different generations

The Generations in the Workforce learning event provides you with the training you need to manage and work with members from various generations.

Tuesday, Aug. 20, 2013, 11:30-1:00pm-lunch provided

Location: Great Plains Technology Center, Room 655

4500 SW Lee Blvd, Lawton, OK 73505.

Door prizes!

83. Army Substance Abuse Program (ASAP) Workforce Pride Newsletters

<http://issuu.com/wellbeingasap/docs> or <http://tinyurl.com/c9urzhe>

84. Military Community and Family Policy Newsletter (Fridays)

www.militaryonesource.mil/mcfp/weekly or <http://tinyurl.com/bgnx7oq>

85. Unit Facebook Pages

428th FA BDE Facebook: www.facebook.com/428thFABrigade

434th FA BDE Facebook: www.facebook.com/434fabde

HQ Detachment FCoE Facebook: www.facebook.com/HQDetachmentFCoE

NCO Academy Facebook: www.facebook.com/pages/FT-SILL-NCO-ACADEMY/249955969453

Initial Military Training Family Readiness: www.facebook.com/pages/IMT-Family-Readiness/535321423180853